

**ARIPRIP 5 TABLET 5MG (Aripiprazole 5mg Tablets)**  
**ARIPRIP 10 TABLET 10MG (Aripiprazole 10mg Tablets)**  
**ARIPRIP 15 TABLET 15MG (Aripiprazole 15mg Tablets)**

**COMPOSITION**

**Aripiprazole 5mg Tablets**

Each tablet contains

Aripiprazole 5mg

Colour Indigo Carmine Aluminium Lake

Excipients q.s.

**Aripiprazole 10mg Tablets**

Each tablet contains

Aripiprazole 10mg

Colour Red Iron Oxide

Excipients q.s.

**Aripiprazole 15mg Tablets**

Each tablet contains

Aripiprazole 15mg

Colour Yellow Iron Oxide

Excipients q.s.

**LIST OF EXCIPIENTS**

**Aripiprazole 5mg Tablets:** Lactose Monohydrate, Microcrystalline Cellulose, Croscarmellose Sodium, Indigo Carmine, Hydroxypropyl Cellulose, Purified Water and Magnesium Stearate.

**Aripiprazole 10mg Tablets:** Lactose Monohydrate, Microcrystalline Cellulose, Croscarmellose Sodium, Iron Oxide Red, Hydroxypropyl Cellulose, Purified Water and Magnesium Stearate.

**Aripiprazole 15mg Tablets:** Lactose Monohydrate, Microcrystalline Cellulose, Croscarmellose Sodium, Iron Oxide Yellow, Hydroxypropyl Cellulose, Purified Water and Magnesium Stearate.

**DESCRIPTION**

**Aripiprazole 5mg Tablets:** Blue colored, rectangular shaped, biconvex uncoated tablets with one side debossed "AR" over "5" and other side plain.

**Aripiprazole 10mg Tablets:** Pink colored, rectangular shaped, biconvex uncoated tablets with one side debossed "AR" over "10" and other side plain.

**Aripiprazole 15mg Tablets:** Yellow colored, round shaped, biconvex uncoated tablets with one side debossed "AR" over "15" and other side plain.

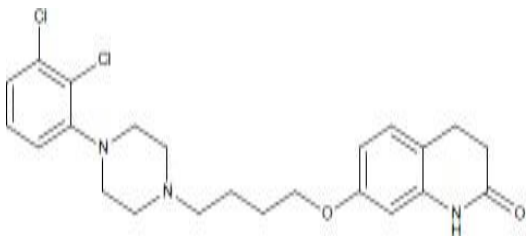
**PRESENTATION**

Description: Alu Alu blister pack if tablets composed of Alu Alu cold form laminate foil and printed aluminium foil.  
Pack Sizes: 3x10's, 10x10's and 4x7's

## PROPERTIES

Aripiprazole is a Psycholeptics, other antipsychotics for oral use. Chemically, it is 2(1H)-quinolinone, 7-[4-[4-(2,3-Dichlorophenyl)-1-piperazinyl]butoxy]-3,4-dihydro or 7-[4-[4-(2,3-Dichlorophenyl)-1-piperazinyl]butoxy]-3,4-dihydrocarbostyrl. The molecular formula is  $C_{23}H_{27}Cl_2N_3O_2$ , and the molecular weight is 448.39.

The Structural formula is as shown:



## CLINICAL PHARMACOLOGY

### PHARMACODYNAMIC PROPERTIES

Pharmacotherapeutic group: Psycholeptics, other antipsychotics, ATC code: N05AX12.

It has been proposed that aripiprazole's efficacy in schizophrenia and Bipolar I Disorder is mediated through a combination of partial agonism at dopamine D2 and serotonin 5-HT1A receptors and antagonism of serotonin 5-HT2A receptors. Aripiprazole exhibited antagonist properties in animal models of dopaminergic hyperactivity and agonist properties in animal models of dopaminergic hypoactivity. Aripiprazole exhibited high binding affinity in vitro for dopamine D2 and D3, serotonin 5-HT1A and 5-HT2A receptors and moderate affinity for dopamine D4, serotonin 5-HT2C and 5-HT7, alpha-1 adrenergic and histamine H1 receptors. Aripiprazole also exhibited moderate binding affinity for the serotonin reuptake site and no appreciable affinity for muscarinic receptors. Interaction with receptors other than dopamine and serotonin subtypes may explain some of the other clinical effects of aripiprazole.

Aripiprazole doses ranging from 0.5 to 30 mg administered once a day to healthy subjects for 2 weeks produced a dose dependent D<sub>2</sub>-receptor occupancy indicating brain penetration of aripiprazole in humans.

### PHARMACOKINETICS

#### Absorption

Aripiprazole is well absorbed, with peak plasma concentrations occurring within 3-5 hours after dosing. Aripiprazole undergoes minimal pre-systemic metabolism. The absolute oral bioavailability of the tablet formulation is 87%. Administration of a 15-mg Aripiprazole tablet with a standard high-fat meal did not significantly affect the C<sub>max</sub> or AUC of aripiprazole or its active metabolite, dehydro-aripiprazole, but delayed T<sub>max</sub> by 3 hours for aripiprazole and 12 hours for dehydro-aripiprazole.

#### Distribution

Aripiprazole is widely distributed throughout the body with an apparent volume of distribution of 4.9 l/kg, indicating extensive extravascular distribution. At therapeutic concentrations, aripiprazole and dehydro-aripiprazole are greater than 99% bound to serum proteins, binding primarily to albumin.

#### Biotransformation

Aripiprazole is extensively metabolised by the liver primarily by three biotransformation pathways: dehydrogenation, hydroxylation, and N-dealkylation. Based on in vitro studies, CYP3A4 and CYP2D6 enzymes are responsible for dehydrogenation and hydroxylation of aripiprazole, and N-dealkylation is catalysed by CYP3A4. Aripiprazole is the predominant medicinal product moiety in systemic circulation. At steady state, dehydro-aripiprazole, the active metabolite, represents about 40 % of aripiprazole AUC in plasma.

## **Elimination**

The mean elimination half-lives for aripiprazole are approximately 75 hours in extensive metabolisers of CYP2D6 and approximately 146 hours in poor metabolisers of CYP2D6. The total body clearance of aripiprazole is 0.7 ml/min/kg, which is primarily hepatic. Following a single oral dose of [14C]-labelled aripiprazole, approximately 25% of the administered radioactivity was recovered in the urine and approximately 55% in the faeces. Less than 1% of unchanged aripiprazole was excreted in the urine and approximately 18% was recovered unchanged in the faeces.

## **Paediatric population**

The pharmacokinetics of aripiprazole and dehydro-aripiprazole in paediatric patients 10 to 17 years of age were similar to those in adults after correcting for the differences in body weights.

## **INDICATIONS AND USAGE**

### **Schizophrenia**

Aripiprazole is indicated for the treatment of schizophrenia. The efficacy of Aripiprazole in the treatment of schizophrenia was established in four short-term (4- and 6-week) controlled trials in adults and one 6-week trial in paediatrics (13 to 17 years). Maintenance efficacy was demonstrated in one trial in adults and can be extrapolated to paediatrics [see *CLINICAL STUDIES*]. The physician who elects to use Aripiprazole for extended periods should periodically re-evaluate the long-term usefulness of the drug for the individual patient [see *DOSAGE AND ADMINISTRATION*].

### **Bipolar I Disorder**

Aripiprazole is indicated for the treatment of acute manic and mixed episodes associated with Bipolar I Disorder and for maintaining stability or preventing recurrence, as monotherapy in adults and in adolescents aged 13 years and older, and as an adjunct to lithium or valproate in adults.

The efficacy of Aripiprazole as monotherapy was established in four 3-week monotherapy trials in adults and one 4-week monotherapy trial in paediatric patients. Efficacy as adjunctive therapy was established in one 6-week adjunctive trial in adults [see *CLINICAL STUDIES*].

Maintenance efficacy was demonstrated in one monotherapy maintenance trial and in one adjunctive maintenance trial in adults [see *CLINICAL STUDIES*]. Physicians who elect to use Aripiprazole for extended periods, should periodically re-evaluate the long-term usefulness of the drug for the individual patient [see *DOSAGE AND ADMINISTRATION*].

### **Adjunctive Treatment of Major Depressive Disorder**

Aripiprazole is indicated for use as an adjunctive therapy to antidepressants for the treatment of major depressive disorder (MDD).

Efficacy was established in three 6-week trials in adults with MDD who had an inadequate response to antidepressant therapy during the current episode [see *CLINICAL STUDIES*].

### **Irritability Associated with Autistic Disorder**

Aripiprazole is indicated for the treatment of irritability associated with autistic disorder. Efficacy was established in two 8-week trials in paediatric patients (aged 6 to 17 years) with irritability associated with autistic disorder (including symptoms of aggression towards others, deliberate self-injuriousness, temper tantrums, and quickly changing moods) [see *CLINICAL STUDIES*].

The efficacy of Aripiprazole for the maintenance treatment of irritability associated with autistic disorder was not established.

### **Tourette's Disorder**

Aripiprazole is indicated for the treatment of Tourette's disorder. Efficacy was established in one 8-week (aged 7 to 17 years) and one 10-week (aged 6 to 18 years) placebo-controlled trial in paediatric patients with Tourette's disorder [see *CLINICAL STUDIES*].

## **DOSAGE AND ADMINISTRATION**

### **Schizophrenia**

#### **Adults**

##### *Usual Dose*

The recommended starting and target dose for Aripiprazole is 10 or 15 mg/day administered on a once-a-day schedule without regard to meals. Aripiprazole has been systematically evaluated and shown to be effective in a dose range of 10 to 30 mg/day; however, doses higher than 10 or 15 mg/day were not more effective than 10 or 15 mg/day. Dosage increases should generally not be made before 2 weeks, the time needed to achieve steady state [see *CLINICAL STUDIES*].

##### *Maintenance Therapy*

While there is no body of evidence available to answer the question of how long a patient treated with aripiprazole should remain on it, systematic evaluation of patients with schizophrenia who had been symptomatically stable on other antipsychotic medication, for periods of 3 months or longer, were discontinued from those medications, and were then administered Aripiprazole 15 mg/day and observed for relapse during a period of up to 26 weeks, demonstrated a benefit of such maintenance treatment [see *CLINICAL STUDIES*]. Patients should be periodically reassessed to determine the need for maintenance treatment.

#### **Adolescents**

##### *Usual Dose*

The recommended target dose of Aripiprazole is 10 mg/day. Aripiprazole was studied in adolescent patients 13 to 17 years of age with Schizophrenia at daily doses of 10 mg and 30mg. The starting daily dose of the tablet formulation in these patients was 2 mg, which was titrated to 5 mg after 2 days and to the target dose of 10 mg after 2 additional days. Subsequent dose increases should be administered in 5 mg increments. The 30 mg/day dose was not shown to be more efficacious than the 10 mg/day dose and was associated with a higher incidence of significant adverse reactions including extrapyramidal disorder, somnolence and tremor [see *SIDE EFFECTS*]. Aripiprazole can be administered without regard to meals [see *CLINICAL STUDIES*].

##### *Maintenance Therapy*

The efficacy of Aripiprazole for the maintenance treatment of schizophrenia in the adolescent population has not been evaluated. While there is no body of evidence available to answer the question of how long the adolescent patient treated with Aripiprazole should be maintained on the drug, maintenance efficacy can be extrapolated from adult data along with comparisons of aripiprazole pharmacokinetic parameters in adult and paediatric patients. Thus, it is generally recommended that responding patients be continued beyond the acute response, but at the lowest dose needed to maintain remission. Patients should be periodically reassessed to determine the need for maintenance treatment.

#### **Switching from Other Antipsychotics**

There are no systematically collected data to specifically address switching patients with schizophrenia from other antipsychotics to Aripiprazole or concerning concomitant administration with other antipsychotics. While immediate discontinuation of the previous antipsychotic treatment may be acceptable for some patients with schizophrenia, more gradual discontinuation may be most appropriate for others. In all cases, the period of overlapping antipsychotic administration should be minimized.

### **Bipolar Disorder**

#### *Acute Treatment of Manic and Mixed Episodes*

##### **Adults**

The recommended starting dose in adults is 15 mg given once daily as monotherapy and 10 to 15 mg given once daily as adjunctive therapy with lithium or valproate. Aripiprazole can be given without regard to meals. The recommended target dose of Aripiprazole is 15 mg/day, as monotherapy or as adjunctive therapy with lithium or valproate. The dose may be increased to 30 mg/day based on clinical response. The safety of doses above 30 mg/day has not been evaluated in clinical trials.

## **Adolescents**

The recommended starting dose in adolescent patients as monotherapy is 2 mg/day, with titration to 5 mg/day after 2 days, and a target dose of 10 mg/day after 2 additional days. Subsequent dose increases, if needed, should be administered in 5 mg/day increments. Aripiprazole can be given without regard to meals. Enhanced efficacy at doses higher than a daily dose of 10 mg has not been demonstrated, and a daily dose of 30 mg is associated with a substantially higher incidence of significant adverse reactions including extrapyramidal disorder, somnolence, akathisia and salivary hypersecretion. Doses higher than 10 mg/day should therefore only be used in exceptional cases and with close clinical monitoring [*see WARNINGS AND PRECAUTIONS, SIDE EFFECTS, and CLINICAL STUDIES*]. Younger patients are at increased risk of experiencing adverse events associated with aripiprazole. Therefore, Aripiprazole is not recommended for use in patients below 13 years of age [*see SIDE EFFECTS and CLINICAL STUDIES*].

## **Maintenance Therapy**

The recommended dose for maintenance treatment is the same dose needed to stabilize patients during acute treatment, both for adult and paediatric patients. Systematic evaluation of adult patients with Bipolar I Disorder experiencing a manic or mixed episode, who had been symptomatically stable on Aripiprazole Tablets (15 mg/day or 30 mg/day with a starting dose of 30 mg/day) for 6 consecutive weeks and then randomized to Aripiprazole Tablets (15 mg/day or 30 mg/day) or placebo for at least 6 months and up to an additional 17 months of observation for relapse, demonstrated a benefit of such maintenance treatment [*see CLINICAL STUDIES*]. Patient should be periodically reassessed to determine the need for maintenance treatment.

## **Adjunctive Treatment of Major Depressive Disorder**

The recommended starting dose for Aripiprazole as adjunctive treatment for patients already taking an antidepressant is 2 to 5 mg/day. The recommended dosage range is 2 to 15 mg/day. Dosage adjustments of up to 5 mg/day should occur gradually, at intervals of no less than 1 week [*see CLINICAL STUDIES*]. Patients should be periodically reassessed to determine the continued need for maintenance treatment.

## **Irritability Associated with Autistic Disorder**

Paediatric Patients (6 to 17 years)

The recommended dosage range for the treatment of paediatric patients with irritability associated with autistic disorder is 5 to 15 mg/day.

Dosing should be initiated at 2 mg/day. The dose should be increased to 5 mg/day, with subsequent increases to 10 or 15 mg/day if needed. Dose adjustments of up to 5 mg/day should occur gradually, at intervals of no less than 1 week [*see CLINICAL STUDIES*]. Patients should be periodically reassessed to determine the continued need for maintenance treatment.

## **Tourette's Disorder**

Paediatric Patients (6 to 18 years)

The recommended dosage range for Tourette's Disorder is 5 to 20 mg/day.

For patients weighing less than 50 kg, dosing should be initiated at 2 mg/day with a target dose of 5 mg/day after 2 days. The dose can be increased to 10 mg/day in patients who do not achieve optimal control of tics. Dosage adjustments should occur gradually at intervals of no less than 1 week.

For patients weighing 50 kg or more, dosing should be initiated at 2 mg/day for 2 days, and then increased to 5 mg/day for 5 days, with a target dose of 10 mg/day on day 8. The dose can be increased up to 20 mg/day for patients who do not achieve optimal control of tics. Dosage adjustments should occur gradually in increments of 5 mg/day at intervals of no less than 1 week [*see CLINICAL STUDIES*].

Patients should be periodically reassessed to determine the continued need for maintenance treatment.

### Dosage Adjustments for Cytochrome P450 Considerations

Dosage adjustments are recommended in patients who are known CYP2D6 poor metabolizers and in patients taking concomitant CYP3A4 inhibitors or CYP2D6 inhibitors or strong CYP3A4 inducers (see Table 1). When the co-administered drug is withdrawn from the combination therapy, Aripiprazole dosage should then be adjusted to its original level. When the co-administered CYP3A4 inducer is withdrawn, Aripiprazole dosage should be reduced to the original level over 1 to 2 weeks. Patients who may be receiving a combination of strong, moderate, and weak inhibitors of CYP3A4 and CYP2D6 (e.g., a strong CYP3A4 inhibitor and a moderate CYP2D6 inhibitor or a moderate CYP3A4 inhibitor with a moderate CYP2D6 inhibitor), the dosing may be reduced to one-quarter (25%) of the usual dose initially and then adjusted to achieve a favourable clinical response.

**Table 1: Dose Adjustments for Aripiprazole in Patients who are known CYP2D6 Poor Metabolizers and Patients Taking Concomitant CYP2D6 Inhibitors, CYP3A4 Inhibitors, and/or CYP3A4 Inducers**

Factors	Dosage Adjustments for Aripiprazole
Known CYP2D6 Poor Metabolizers	Administer half of usual dose
Known CYP2D6 Poor Metabolizers taking concomitant strong CYP3A4 inhibitors (e.g. itraconazole, clarithromycin)	Administer a quarter of usual dose
Strong CYP2D6 (e.g. quinidine, fluoxetine, paroxetine) or CYP3A4 inhibitors (e.g. itraconazole, clarithromycin)	Administer half of usual dose
Strong CYP2D6 and CYP3A4 inhibitors	Administer a quarter of usual dose
Strong CYP3A4 inducers (e.g. carbamazepine, rifampin)	Double usual dose over 1 to 2 weeks

When adjunctive Aripiprazole is administered to patients with major depressive disorder, Aripiprazole should be administered without dosage adjustment as specified in *DOSAGE AND ADMINISTRATION*

### Special population

Hepatic and Renal Impairment: No dosage adjustment for Aripiprazole is required on the basis of a patient's hepatic function (mild to severe hepatic impairment, Child-Pugh score between 5 and 15), or renal function (mild to severe renal impairment, glomerular filtration rate between 15 and 90 mL/minute).

Geriatric Use: No dosage adjustment is recommended for elderly patients.

Of the 13,543 patients treated with oral Aripiprazole in clinical trials, 1,073 (8%) were  $\geq 65$  years old and 799 (6%) were  $\geq 75$  years old. Placebo-controlled studies of oral Aripiprazole in schizophrenia, bipolar mania, or major depressive disorder did not include sufficient numbers of subjects aged 65 years and over to determine whether they respond differently from younger subjects.

Aripiprazole is not approved for treatment of patients with psychosis associated with Alzheimer's disease

Other Specific Populations: No dosage adjustment for Aripiprazole is required on the basis of a patient's sex, race, or smoking status.

### Method of administration:

Aripiprazole tablets are for oral use without regard to meals.

### CONTRAINDICATION

Hypersensitivity to the active substance or to any of the excipients.

### WARNINGS AND PRECAUTIONS

#### Increased Mortality in Elderly Patients with Dementia- Related Psychosis

#### Increased Mortality

Elderly patients with dementia-related psychosis treated with antipsychotic drugs are at an increased risk of death.

Analyses of seventeen placebo-controlled trials (modal duration of 10 weeks), largely in patients taking atypical antipsychotic drugs, revealed a risk of death in drug-treated patients of between 1.6 to 1.7 times the risk of death in placebo-treated patients. Although the causes of death were varied, most of the deaths appeared to be either cardiovascular (e.g., heart failure, sudden death) or infectious (e.g., pneumonia) in nature. Observational studies suggest that, similar to atypical antipsychotic drugs, treatment with conventional antipsychotic drugs may increase mortality. The extent to which the findings of increased mortality in observational studies may be attributed to the antipsychotic drug as opposed to some characteristic(s) of the patients is not clear. Aripiprazole is not approved for the treatment of patients with dementia-related psychosis.

Safety Experience in Elderly Patients with Psychosis Associated with Alzheimer's Disease; the adverse reactions that were reported in 10 weeks clinical trial are lethargy [placebo 2%, Aripiprazole 5%], somnolence (including sedation) [placebo 3%, Aripiprazole 8%], and incontinence (primarily, urinary incontinence) [placebo 1%, Aripiprazole 5%], excessive salivation [placebo 0%, Aripiprazole 4%], and light-headedness [placebo 1%, Aripiprazole 4%].

The safety and efficacy of Aripiprazole in the treatment of patients with psychosis associated with dementia have not been established. If the prescriber elects to treat such patients with Aripiprazole, vigilance should be exercised, particularly for the emergence of difficulty swallowing or excessive somnolence, which could predispose to accidental injury or aspiration.

#### **Cerebrovascular Adverse Events, Including Stroke**

In placebo-controlled clinical studies (two flexible dose and one fixed dose study) of dementia-related psychosis, there was an increased incidence of cerebrovascular adverse events (e.g., stroke, transient ischemic attack), including fatalities, in Aripiprazole -treated patients (mean age: 84 years; range: 78 to 88 years). In the fixed-dose study, there was a statistically significant dose response relationship for cerebrovascular adverse events in patients treated with Aripiprazole. Aripiprazole is not approved for the treatment of patients with dementia-related psychosis.

#### **Suicidal Thoughts and Behaviours in Children, Adolescents, and Young Adults**

All patients being treated with antidepressants for any indication should be monitored appropriately and observed closely for clinical worsening, suicidality, and unusual changes in behaviour, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases.

The following symptoms, anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, and mania, have been reported in adult and paediatric patients being treated with antidepressants for MDD as well as for other indications, both psychiatric and non-psychiatric. Although a causal link between the emergence of such symptoms and either the worsening of depression and / or the emergence of suicidal impulses has not been established, there is concern that such symptoms may represent precursors to emerging suicidality.

Consideration should be given to changing the therapeutic regimen, including possibly discontinuing the medication, in patients whose depression is persistently worse, or who are experiencing emergent suicidality or symptoms that might be precursors to worsening depression or suicidality, especially if these symptoms are severe, abrupt in onset, or were not part of the patient's presenting symptoms.

Families and caregivers of patients being treated with antidepressants for major depressive disorder or other indications, both psychiatric and non-psychiatric, should be alerted about the need to monitor patients for the emergence of agitation, irritability, unusual changes in behaviour, and the other symptoms described above, as well as the emergence of suicidality, and to report such symptoms immediately to healthcare providers. Such monitoring should include daily observation by families and caregivers. Prescriptions for ARIPIPRAZOLE should be written for the smallest quantity of tablets consistent with good patient management, in order to reduce the risk of overdose.

### **Neuroleptic Malignant Syndrome (NMS)**

A potentially fatal symptom complex sometimes referred to as Neuroleptic Malignant Syndrome (NMS) has been reported in association with administration of antipsychotic drugs, including Aripiprazole. Rare cases of NMS occurred during Aripiprazole treatment in the worldwide clinical database. Clinical manifestations of NMS are hyperpyrexia, muscle rigidity, altered mental status, and evidence of autonomic instability (irregular pulse or blood pressure, tachycardia, diaphoresis, and cardiac dysrhythmia). Additional signs may include elevated creatine phosphokinase, myoglobinuria (rhabdomyolysis), and acute renal failure.

The diagnostic evaluation of patients with this syndrome is complicated. In arriving at a diagnosis, it is important to exclude cases where the clinical presentation includes both serious medical illness (e.g., pneumonia, systemic infection, etc.) and untreated or inadequately treated extrapyramidal signs and symptoms (EPS). Other important considerations in the differential diagnosis include central anticholinergic toxicity, heat stroke, drug fever, and primary central nervous system pathology.

The management of NMS should include: 1) immediate discontinuation of antipsychotic drugs and other drugs not essential to concurrent therapy; 2) intensive symptomatic treatment and medical monitoring; and 3) treatment of any concomitant serious medical problems for which specific treatments are available. There is no general agreement about specific pharmacological treatment regimens for uncomplicated NMS.

If a patient requires antipsychotic drug treatment after recovery from NMS, the potential reintroduction of drug therapy should be carefully considered. The patient should be carefully monitored, since recurrences of NMS have been reported.

### **Tardive Dyskinesia**

A syndrome of potentially irreversible, involuntary, dyskinetic movements may develop in patients treated with antipsychotic drugs. Although the prevalence of the syndrome appears to be highest among the elderly, especially elderly women, it is impossible to rely upon prevalence estimates to predict, at the inception of antipsychotic treatment, which patients are likely to develop the syndrome. Whether antipsychotic drug products differ in their potential to cause tardive dyskinesia is unknown.

The risk of developing tardive dyskinesia and the likelihood that it will become irreversible are believed to increase as the duration of treatment and the total cumulative dose of antipsychotic drugs administered to the patient increase. However, the syndrome can develop, although much less commonly, after relatively brief treatment periods at low doses.

Tardive dyskinesia may remit, partially or completely, if antipsychotic treatment is withdrawn. Antipsychotic treatment, itself, however, may suppress (or partially suppress) the signs and symptoms of the syndrome and, thereby, may possibly mask the underlying process. The effect that symptomatic suppression has upon the long-term course of the syndrome is unknown.

Given these considerations, Aripiprazole should be prescribed in a manner that is most likely to minimize the occurrence of tardive dyskinesia. Chronic antipsychotic treatment should generally be reserved for patients who suffer from a chronic illness that (1) is known to respond to antipsychotic drugs, and (2) for whom alternative, equally effective, but potentially less harmful treatments are not available or appropriate. In patients who do require chronic treatment, the smallest dose and the shortest duration of treatment producing a satisfactory clinical response should be sought. The need for continued treatment should be reassessed periodically.

If signs and symptoms of tardive dyskinesia appear in a patient on Aripiprazole, drug discontinuation should be considered. However, some patients may require treatment with Aripiprazole despite the presence of the syndrome.

### **Extrapyramidal symptoms (EPS)**

In paediatric clinical trials of aripiprazole, akathisia and Parkinsonism were observed. If signs and symptoms of other EPS appear in a patient taking aripiprazole, dose reduction and close clinical monitoring should be considered.

### **Venous Thromboembolism**

Cases of venous thromboembolism (VTE) have been reported with antipsychotic drugs. Since patients treated with antipsychotics often present with acquired risk factors for VTE, all possible risk factors for VTE should be identified before and during treatment with Aripiprazole and preventive measures undertaken.

## **Metabolic Changes**

Atypical antipsychotic drugs have been associated with metabolic changes that include hyperglycaemia/diabetes mellitus, dyslipidaemia, and body weight gain. While all drugs in the class have been shown to produce some metabolic changes, each drug has its own specific risk profile.

### **Hyperglycaemia/Diabetes Mellitus**

Hyperglycaemia, in some cases extreme and associated with ketoacidosis or hyperosmolar coma or death, has been reported in patients treated with atypical antipsychotics. There have been reports of hyperglycaemia in patients treated with Aripiprazole. Assessment of the relationship between atypical antipsychotic use and glucose abnormalities is complicated by the possibility of an increased background risk of diabetes mellitus in patients with schizophrenia and the increasing incidence of diabetes mellitus in the general population. Given these confounders, the relationship between atypical antipsychotic use and hyperglycaemia-related adverse events is not completely understood. However, epidemiological studies suggest an increased risk of treatment-emergent hyperglycaemia-related adverse reactions in patients treated with the atypical antipsychotics. Because Aripiprazole was not marketed at the time these studies were performed, it is not known if Aripiprazole is associated with this increased risk. Precise risk estimates for hyperglycaemia-related adverse reactions in patients treated with atypical antipsychotics are not available.

Patients with an established diagnosis of diabetes mellitus who are started on atypical antipsychotics should be monitored regularly for worsening of glucose control. Patients with risk factors for diabetes mellitus (e.g., obesity, family history of diabetes) who are starting treatment with atypical antipsychotics should undergo fasting blood glucose testing at the beginning of treatment and periodically during treatment. Any patient treated with atypical antipsychotics should be monitored for symptoms of hyperglycaemia including polydipsia, polyuria, polyphagia, and weakness. Patients who develop symptoms of hyperglycaemia during treatment with atypical antipsychotics should undergo fasting blood glucose testing. In some cases, hyperglycaemia has resolved when the atypical antipsychotic was discontinued; however, some patients required continuation of anti-diabetic treatment despite discontinuation of the suspect drug.

### **Dyslipidaemia**

Undesirable alterations in lipids have been observed in patients treated with atypical antipsychotics.

There were no significant differences between Aripiprazole - and placebo-treated patients in the proportion with changes from normal to clinically significant levels for fasting/non-fasting total cholesterol, fasting triglycerides, fasting LDLs, and fasting/non-fasting HDLs. Analyses of patients with at least 12 or 24 weeks of exposure were limited by small numbers of patients.

### **Weight Gain**

Weight gain has been observed with atypical antipsychotic use. Clinical monitoring of weight is recommended.

### **Orthostatic Hypotension**

Aripiprazole may cause orthostatic hypotension, perhaps due to its  $\alpha_1$ -adrenergic receptor antagonism. The incidence of orthostatic hypotension-associated events from short-term, placebo-controlled trials of adult patients on oral Aripiprazole (n = 2467) included (Aripiprazole incidence, placebo incidence) orthostatic hypotension (1%, 0.3%), postural dizziness (0.5%, 0.3%), and syncope (0.5%, 0.4%); and of paediatric patients 6 to 18 years of age (n = 732) on oral Aripiprazole included orthostatic hypotension (0.5%, 0%), postural dizziness (0.4%, 0%), and syncope (0.2%, 0%).

The incidence of a significant orthostatic change in blood pressure (defined as a decrease in systolic blood pressure  $\geq 20$  mmHg accompanied by an increase in heart rate  $\geq 25$  bpm when comparing standing to supine values) for Aripiprazole was not meaningfully different from placebo (Aripiprazole incidence, placebo incidence): in adult oral Aripiprazole -treated patients (4%, 2%) and in paediatric oral Aripiprazole -treated patients aged 6 to 18 years (0.4%, 1%).

Aripiprazole should be used with caution in patients with known cardiovascular disease (history of myocardial

infarction or ischemic heart disease, heart failure or conduction abnormalities), cerebrovascular disease, or conditions which would predispose patients to hypotension (dehydration, hypovolemia, and treatment with antihypertensive medications).

### **Leukopenia, Neutropenia, and Agranulocytosis**

In clinical trial and/or post-marketing experience, events of leukopenia/neutropenia have been reported temporally related to antipsychotic agents, including Aripiprazole. Agranulocytosis has also been reported.

Possible risk factors for leukopenia/neutropenia include pre-existing low white blood cell count (WBC) / absolute neutrophil count (ANC) and history of drug-induced leukopenia/neutropenia. In patients with a history of a clinically significant low WBC/ANC or drug-induced leukopenia/neutropenia, perform a complete blood count (CBC) frequently during the first few months of therapy. In such patients, consider discontinuation of Aripiprazole at the first sign of a clinically significant decline in WBC in the absence of other causative factors.

Monitor patients with clinically significant neutropenia for fever or other symptoms or signs of infection and treat promptly if such symptoms or signs occur. Discontinue Aripiprazole in patients with severe neutropenia (absolute neutrophil count < 1000/mm<sup>3</sup>) and follow their WBC counts until recovery.

### **Seizures/Convulsions**

In short-term, placebo-controlled trials, patients with a history of seizures excluded seizures/convulsions occurred in 0.1% (3/2467) of undiagnosed adult patients treated with oral Aripiprazole and in 0.1% (1/732) of paediatric patients (6 to 18 years).

As with other antipsychotic drugs, Aripiprazole should be used cautiously in patients with a history of seizures or with conditions that lower the seizure threshold. Conditions that lower the seizure threshold may be more prevalent in a population of 65 years or older.

### **Potential for Cognitive and Motor Impairment**

Aripiprazole, like other antipsychotics, may have the potential to impair judgment, thinking, or motor skills. For example, in short-term, placebo-controlled trials, somnolence (including sedation) was reported as follows (Aripiprazole incidence, placebo incidence): in adult patients (n = 2467) treated with oral Aripiprazole (11%, 6%) and in paediatric patients' age 6 to 17 years (n = 611) (24%, 6%). Somnolence (including sedation) led to discontinuation in 0.3% (8/2467) of adult patients and 3% (20/732) of paediatric patients (6 to 18 years) on oral Aripiprazole in short-term, placebo-controlled trials.

Despite the relatively modest increased incidence of these events compared to placebo, patients should be cautioned about operating hazardous machinery, including automobiles, until they are reasonably certain that therapy with Aripiprazole does not affect them adversely.

### **Body Temperature Regulation**

Disruption of the body's ability to reduce core body temperature has been attributed to antipsychotic agents. Appropriate care is advised when prescribing Aripiprazole for patients who will be experiencing conditions which may contribute to an elevation in core body temperature (e.g., exercising strenuously, exposure to extreme heat, receiving concomitant medication with anticholinergic activity, or being subject to dehydration).

### **Suicide**

The possibility of a suicide attempt is inherent in psychotic illnesses, bipolar disorder, and major depressive disorder, and close supervision of high-risk patients should accompany drug therapy. Prescriptions for Aripiprazole should be written for the smallest quantity of tablets consistent with good patient management in order to reduce the risk of overdose.

### **Dysphagia**

Oesophageal dysmotility and aspiration have been associated with antipsychotic drug use, including Aripiprazole. Aspiration pneumonia is a common cause of morbidity and mortality in elderly patients, in particular those with advanced Alzheimer's dementia. Aripiprazole and other antipsychotic drugs should be used cautiously in patients at risk for aspiration pneumonia.

### Pathological Gambling and Other Compulsive Behaviours

Post-marketing case reports suggest that patients can experience intense urges, particularly for gambling, and the inability to control these urges while taking aripiprazole. Other compulsive urges, reported less frequently include: sexual urges, shopping, eating or binge eating, and other impulsive or compulsive behaviours. Because patients may not recognize these behaviours as abnormal, it is important for prescribers to ask patients or their caregivers specifically about the development of new or intense gambling urges, compulsive sexual urges, compulsive shopping, binge or compulsive eating, or other urges while being treated with aripiprazole. It should be noted that impulse-control symptoms can be associated with the underlying disorder. In some cases, although not all, urges were reported to have stopped when the dose was reduced or the medication was discontinued. Compulsive behaviours may result in harm to the patient and others if not recognized. Consider dose reduction or stopping the medication if a patient develops such urges.

### Sleep apnoea and related disorders

Sleep apnoea and related disorders have been reported in patients treated with atypical antipsychotic drugs, including aripiprazole, with or without concomitant weight gain or prior history of sleep apnoea.

Aripiprazole should be used with caution in patients who have sleep apnoea or risk factors for developing sleep apnoea, which include: overweight/obesity, males, and concomitant use of central nervous system depressants.

### Lactose

Aripiprazole tablets contain lactose. Patients with rare hereditary problems of galactose intolerance, the lactase deficiency or glucose-galactose malabsorption should not take this medicinal product.

### Falls

Antipsychotics, including Aripiprazole, may cause somnolence, postural hypotension, motor and sensory instability, which may lead to falls and, consequently, fractures or other injuries. For patients with diseases, conditions, or medications that could exacerbate these effects, complete fall risk assessments when initiating antipsychotic treatment and recurrently for patients on long-term antipsychotic therapy.

## DRUG INTERACTIONS

### Drugs Having Clinically Important Interactions with Aripiprazole

**Table 2: Clinically Important Drug Interactions with Aripiprazole**

Concomitant Drug Name or Drug Class	Clinical Rationale	Clinical Recommendation
Strong CYP3A4 Inhibitors (e.g., itraconazole, clarithromycin) or strong CYP2D6 inhibitors (e.g., quinidine, fluoxetine, paroxetine)	The concomitant use of Aripiprazole with strong CYP3A4 or CYP2D6 inhibitors increased the exposure of aripiprazole compared to the use of Aripiprazole alone [see <i>CLINICAL PHARMACOLOGY</i> ]	With concomitant use of Aripiprazole with a strong CYP3A4 inhibitor or CYP2D6 inhibitor, reduce the Aripiprazole dosage [see <i>DOSAGE AND ADMINISTRATION</i> ].
Strong CYP3A4 Inducers (e.g., carbamazepine, rifampin)	The concomitant use of Aripiprazole and carbamazepine decreased the exposure of aripiprazole compared to the use of Aripiprazole alone [see <i>CLINICAL PHARMACOLOGY</i> ]	With concomitant use of Aripiprazole with a strong CYP3A4 inducer, consider increasing the Aripiprazole dosage [see <i>DOSAGE AND ADMINISTRATION</i> ].
Antihypertensive Drugs	Due to its alpha adrenergic antagonism, aripiprazole has the potential to enhance the effect of certain antihypertensive agents.	Monitor blood pressure and adjust dose accordingly [see <i>WARNINGS AND PRECAUTIONS</i> ].

Benzodiazepines (e.g., lorazepam)	The intensity of sedation was greater with the combination of oral aripiprazole and lorazepam as compared to that observed with aripiprazole alone. The orthostatic hypotension observed was greater with the combination as compared to that observed with lorazepam alone [see WARNINGS AND PRECAUTIONS]	Monitor sedation and blood pressure. Adjust dose accordingly.
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### Drugs Having No Clinically Important Interactions with Aripiprazole

Based on pharmacokinetic studies, no dosage adjustment of Aripiprazole is required when administered concomitantly with famotidine, valproate, lithium, and lorazepam.

In addition, no dosage adjustment is necessary for substrates of CYP2D6 (e.g., dextromethorphan, fluoxetine, paroxetine or venlafaxine), CYP2C9 (e.g., warfarin), CYP2C19 (e.g., omeprazole, warfarin, escitalopram), or CYP3A4 (e.g., dextromethorphan) when co-administered with Aripiprazole. Additionally, no dosage adjustment is necessary for valproate, lithium, lamotrigine, lorazepam, or sertraline when co-administered with Aripiprazole [see CLINICAL PHARMACOLOGY].

#### *Fluoxetine, Paroxetine, and Sertraline*

A population pharmacokinetic analysis in patients with major depressive disorder showed no substantial change in plasma concentrations of fluoxetine (20 mg/day or 40 mg/day), paroxetine CR (37.5 mg/day or 50 mg/day), or sertraline (100 mg/day or 150 mg/day) dosed to steady-state. The steady-state plasma concentrations of fluoxetine and norfluoxetine increased by about 18% and 36%, respectively and concentrations of paroxetine decreased by about 27%. The steady-state plasma concentrations of sertraline and desmethylsertraline were not substantially changed when these antidepressant therapies were co-administered with aripiprazole. Aripiprazole dosing was 2 mg/day to 15 mg/day (when given with fluoxetine or paroxetine) or 2 mg/day to 20 mg/day (when given with sertraline).

#### *Alcohol*

There was no significant difference between aripiprazole co-administered with ethanol and placebo co-administered with ethanol on performance of gross motor skills or stimulus response in healthy subjects. As with most psychoactive medications, patients should be advised to avoid alcohol while taking Aripiprazole.

### PREGNANCY AND LACTATION

#### Pregnancy

##### *Pregnancy Category C:*

##### *Animal Data*

In animal studies, aripiprazole demonstrated developmental toxicity, including possible teratogenic effects in rats and rabbits.

Neonates exposed to antipsychotic drugs (including Aripiprazole) during the third trimester of pregnancy are at risk for extrapyramidal and/or withdrawal symptoms. Adequate and well controlled studies have not been conducted in pregnant women. Animal reproduction studies were conducted with aripiprazole in rats and rabbits during organogenesis, and in rats during the pre- and post-natal period. Oral aripiprazole administration during organogenesis in rats and/or rabbits at doses higher than the maximum recommended human dose (MRHD) produced foetal death, decreased foetal weight, undescended testicles, delayed skeletal ossification, skeletal abnormalities, and diaphragmatic hernia. Oral aripiprazole administration during the pre- and post-natal period in rats at doses higher than the maximum recommended human dose (MRHD) produced prolonged gestation stillbirths, decreased pup weight, and decreased pup survival.

Administer Aripiprazole during pregnancy only if the potential benefit justifies the potential risk to the foetus.

### *Clinical Considerations*

#### Foetal/ Neonate Adverse Reactions

Extrapyramidal and/or withdrawal symptoms, including agitation, hypertonia, hypotonia, tremor, somnolence, respiratory distress, and feeding disorder have been reported in neonates who were exposed to antipsychotic drugs (including Aripiprazole) during the third trimester of pregnancy. These symptoms have varied in severity. Some neonates recovered within hours or days without specific treatment; others required prolonged hospitalization. Monitor neonates for extrapyramidal and/or withdrawal symptoms.

#### Breast-feeding

Aripiprazole is present in human breast milk. Because of the potential for serious adverse reactions in nursing infants from Aripiprazole, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother.

#### Fertility

Aripiprazole did not impair fertility based on reproductive toxicity data.

### **EFFECTS ON ABILITY TO DRIVE AND USE MACHINES**

Aripiprazole has minor to moderate influence on the ability to drive and use machines due to potential nervous system and visual effects, such as sedation, somnolence, syncope, vision blurred, diplopia.

### **SIDE EFFECTS**

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

The following adverse reactions are discussed in more details in other sections of the labelling:

- Increased Mortality in Elderly Patients with Dementia- Related Psychosis
- Cerebrovascular Adverse Events, Including Stroke
- Suicidal Thoughts and Behaviours in Children, Adolescents, and Young Adults
- Neuroleptic Malignant Syndrome (NMS)
- Tardive Dyskinesia
- Extrapyramidal symptoms
- Venous Thromboembolism
- Metabolic Changes
- Orthostatic Hypotension
- Leukopenia, Neutropenia, and Agranulocytosis
- Seizures/Convulsions
- Potential for Cognitive and Motor Impairment
- Body Temperature Regulation
- Suicide
- Dysphagia
- Pathological Gambling and Other Compulsive Behaviours
- Sleep apnoea and related disorders
- Falls

The most common adverse reactions in adult patients in clinical trials ( $\geq 10\%$ ) were nausea, vomiting, constipation, headache, dizziness, akathisia, anxiety, insomnia and restlessness.

The most common adverse reactions in the paediatric clinical trials ( $\geq 10\%$ ) were somnolence, headache, vomiting, extrapyramidal disorder, fatigue, increased appetite, insomnia, nausea, nasopharyngitis, and weight increased.

Aripiprazole has been evaluated for safety in 13,543 adult patients who participated in multiple-dose, clinical trials in schizophrenia, bipolar disorder, major depressive disorder, Dementia of the Alzheimer's type, Parkinson's

disease, and alcoholism, and who had approximately 7,619 patient-years of exposure to oral Aripiprazole. A total of 3,390 patients were treated with oral Aripiprazole for at least 180 days and 1,933 patients treated with oral Aripiprazole had at least 1 year of exposure.

Aripiprazole has been evaluated for safety in 1,686 patients (6 to 18 years) who participated in multiple-dose, clinical trials in schizophrenia, bipolar mania, autistic disorder, or Tourette’s disorder and who had approximately 1,342 patient-years of exposure to oral Aripiprazole. A total of 959 paediatric patients were treated with oral Aripiprazole for at least 180 days and 556 paediatric patients treated with oral Aripiprazole had at least 1 year of exposure.

The conditions and duration of treatment with Aripiprazole (monotherapy and adjunctive therapy with antidepressants or mood stabilizers) included (in overlapping categories) double-blind, comparative and non-comparative open-label studies, inpatient and outpatient studies, fixed- and flexible-dose studies, and short- and longer-term exposure.

Adverse events during exposure were obtained by collecting volunteered adverse events, as well as results of physical examinations, vital signs, weights, laboratory analyses, and ECG. Adverse experiences were recorded by clinical investigators using terminology of their own choosing. In the tables and tabulations that follow, MedDRA dictionary terminology has been used to classify reported adverse events into a smaller number of standardized event categories, in order to provide a meaningful estimate of the proportion of individuals experiencing adverse events.

The stated frequencies of adverse events represent the proportion of individuals who experienced at least once, a treatment-emergent adverse event of the type listed. An event was considered treatment emergent if it occurred for the first time or worsened while receiving therapy following baseline evaluation. There was no attempt to use investigator causality assessments; i.e., all reported events are included.

The prescriber should be aware that the figures in the tables and tabulations cannot be used to predict the incidence of side effects in the course of usual medical practice where patient characteristics and other factors differ from those that prevailed in the clinical trials. Similarly, the cited frequencies cannot be compared with figures obtained from other clinical investigations involving different treatment, uses, and investigators. The cited figures, however, do provide the prescribing physician with some basis for estimating the relative contribution of drug and nondrug factors to the adverse event incidence in the population studied.

**Clinical Trials Experience**

**Adult Patients with Schizophrenia**

The following findings are based on a pool of five placebo-controlled trials (four 4-week and one 6-week) in which Aripiprazole was administered in doses ranging from 2 to 30 mg/day.

*Commonly Observed Adverse Reactions*

The only commonly observed adverse reaction associated with the use of Aripiprazole in patients with schizophrenia (incidence of 5% or greater and aripiprazole incidence at least twice that for placebo) was akathisia (placebo 4%; aripiprazole 8%).

**Adult Patients with Bipolar Mania**

**Monotherapy**

The following findings are based on a pool of 3-week, placebo-controlled bipolar mania trials in which Aripiprazole was administered at doses of 15 or 30 mg/day.

*Commonly Observed Adverse Events*

Commonly observed adverse reactions associated with the use of Aripiprazole in patients with bipolar mania (incidence of 5% or greater and Aripiprazole incidence at least twice that for placebo) are shown in Table 3.

<b>Table 3: Commonly Observed Adverse Reactions in Short-Term, Placebo-Controlled Trials in Patients with Bipolar Mania Treated with Aripiprazole Monotherapy Percentage of Patients Reporting Reactions</b>		
<b>Preferred Term</b>	<b>Aripiprazole</b>	<b>Placebo</b>

	(n = 917)	(n = 753)
Akathisia	13	4
Sedation	8	3
Restlessness	6	3
Tremor	6	3
Extrapyramidal Disorder	5	2

*Less Common Adverse Reactions in Adults*

Table 4 enumerates the pooled incidence, rounded to the nearest percent, of adverse reactions that occurred during acute therapy (up to 6 weeks in schizophrenia and up to 3 weeks in bipolar mania), including only those reactions that occurred in 2% or more of patients treated with Aripiprazole (doses  $\geq$  2 mg/day) and for which the incidence in patients treated with Aripiprazole was greater than the incidence in patients treated with placebo in the combined dataset.

<b>Table 4: Treatment-Emergent Adverse Reactions in Short-Term, Placebo-Controlled Trials in Adult Patients Treated with Aripiprazole</b>		
<b>System Organ Class</b>	<b>Percentage of Patients Reporting Reaction<sup>a</sup></b>	
	<b>Aripiprazole</b> (n = 1843)	<b>Placebo</b> (n = 1166)
<b>Preferred Term</b>		
<b>Eye Disorders</b>		
Blurred Vision	3	1
<b>Gastrointestinal Disorders</b>		
Nausea	15	11
Constipation	11	7
Vomiting	11	6
Dyspepsia	9	7
Dry Mouth	5	4
Toothache	4	3
Abdominal Discomfort	3	2
Stomach Discomfort	3	2
<b>General Disorders and Administration Site Conditions</b>		
Fatigue	6	4
Pain	3	2
<b>Musculoskeletal and Connective Tissue Disorders</b>		
Musculoskeletal Stiffness	4	3
Pain in Extremity	4	2
Myalgia	2	1
Muscle Spasms	2	1
<b>Nervous System Disorders</b>		
Headache	27	23
Dizziness	10	7
Akathisia	10	4
Sedation	7	4
Extrapyramidal Disorder	5	3
Tremor	5	3
Somnolence	5	3
<b>Psychiatric Disorders</b>		
Agitation	19	17
Insomnia	18	13
Anxiety	17	13

Restlessness	5	3
<b>Respiratory, Thoracic, and Mediastinal Disorders</b>		
Pharyngolaryngeal Pain	3	2
Cough	3	2

<sup>a</sup>Adverse reactions reported by at least 2% of patients treated with oral Aripiprazole, except adverse reactions which had an incidence equal to or less than placebo.

An examination of population subgroups did not reveal any clear evidence of differential adverse reaction incidence on the basis of age, gender, or race.

#### **Adult Patients with Adjunctive Therapy with Bipolar Mania**

The following findings are based on a placebo-controlled trial of adult patients with bipolar disorder in which Aripiprazole was administered at doses of 15 or 30 mg/day as adjunctive therapy with lithium or valproate.

#### *Adverse Reactions Associated with Discontinuation of Treatment*

In a study of patients who were already tolerating either lithium or valproate as monotherapy, discontinuation rates due to adverse reactions were 12% for patients treated with adjunctive Aripiprazole compared to 6% for patients treated with adjunctive placebo. The most common adverse drug reactions associated with discontinuation in the adjunctive Aripiprazole-treated compared to placebo-treated patients were akathisia (5% and 1%, respectively) and tremor (2% and 1%, respectively).

#### *Commonly Observed Adverse Reactions*

The commonly observed adverse reactions associated with adjunctive Aripiprazole and lithium or valproate in patients with bipolar mania (incidence of 5% or greater and incidence at least twice that for adjunctive placebo) were: akathisia, insomnia, and extrapyramidal disorder.

#### *Less Common Adverse Reactions in Adult Patients with Adjunctive Therapy in Bipolar Mania*

Table 5 enumerates the incidence, rounded to the nearest percent, of adverse reactions that occurred during acute treatment (up to 6 weeks), including only those reactions that occurred in 2% or more of patients treated with adjunctive Aripiprazole (doses of 15 or 30 mg/day) and lithium or valproate and for which the incidence in patients treated with this combination was greater than the incidence in patients treated with placebo plus lithium or valproate.

**Table 5: Adverse Reactions in a Short-Term, Placebo-Controlled Trial of Adjunctive Therapy in Patients with Bipolar Disorder**

System Organ Class	Percentage of Patients Reporting Reaction <sup>a</sup>	
	Aripiprazole + Li or Val* (n = 253)	Placebo + Li or Val* (n = 130)
<b>Gastrointestinal Disorders</b>		
Nausea	8	5
Vomiting	4	0
Salivary Hypersecretion	4	2
Dry Mouth	2	1
<b>Infections and Infestations</b>		
Nasopharyngitis	3	2
<b>Investigations</b>		
Weight Increased	2	1
<b>Nervous System Disorders</b>		
Akathisia	19	5
Tremor	9	6

Extrapyramidal Disorder	5	1
Dizziness	4	1
Sedation	4	2
<b>Psychiatric Disorders</b>		
Insomnia	8	4
Anxiety	4	1
Restlessness	2	1

<sup>a</sup> Adverse reactions reported by at least 2% of patients treated with oral Aripiprazole, except adverse reactions which had an incidence equal to or less than placebo.

\* Lithium or Valproate.

### Paediatric Patients (13 to 17 years) with Schizophrenia

The following findings are based on one 6-week, placebo-controlled trial in which oral Aripiprazole was administered in doses ranging from 2 to 30 mg/day.

#### *Adverse Reactions Associated with Discontinuation of Treatment*

The incidence of discontinuation due to adverse reactions between Aripiprazole-treated and placebo-treated paediatric patients (13 to 17 years) was 5% and 2%, respectively.

#### *Commonly Observed Adverse Reactions*

Commonly observed adverse reactions associated with the use of Aripiprazole in adolescent patients with schizophrenia (incidence of 5% or greater and Aripiprazole incidence at least twice that for placebo) were extrapyramidal disorder, somnolence, and tremor.

### Paediatric Patients with Bipolar Mania

The following findings are based on one 4-week, placebo-controlled trial in which oral Aripiprazole was administered in doses of 10 or 30 mg/day.

#### *Adverse Reactions Associated with Discontinuation of Treatment*

The incidence of discontinuation due to adverse reactions between Aripiprazole-treated and placebo-treated paediatric patients (10 to 17 years) was 7% and 2%, respectively.

#### *Commonly Observed Adverse Reactions*

Commonly observed adverse reactions associated with the use of Aripiprazole in paediatric patients with bipolar mania (incidence of 5% or greater and Aripiprazole incidence at least twice that for placebo) are shown in Table 6.

**Table 6: Commonly Observed Adverse Reactions in Short-Term, Placebo-Controlled Trials of Paediatric Patients (10 to 17 years) with Bipolar Mania treated with Oral Aripiprazole.**

<b>Percentage of Patients Reporting Reaction</b>		
<b>Preferred Term</b>	<b>Aripiprazole (n = 197)</b>	<b>Placebo (n = 97)</b>
Somnolence	23	3
Extrapyramidal Disorder	20	3
Fatigue	11	4
Nausea	11	4
Akathisia	10	2
Blurred Vision	8	0
Salivary Hypersecretion	6	0
Dizziness	5	1

The frequency and type of adverse reactions in adolescents with Bipolar I Disorder were similar to those in adults except for the following reactions: somnolence, extrapyramidal disorder and fatigue. In the paediatric population, somnolence and fatigue were observed more frequently in patients with bipolar disorder compared to patients with schizophrenia.

#### **Paediatric Patients (6 to 17 years) with Autistic Disorder**

The following findings are based on two 8-week, placebo-controlled trials in which oral Aripiprazole was administered in doses of 2 to 15 mg/day.

##### *Adverse Reactions Associated with Discontinuation of Treatment*

The incidence of discontinuation due to adverse reactions between Aripiprazole-treated and placebo-treated paediatric patients (6 to 17 years) was 10% and 8%, respectively.

##### *Commonly Observed Adverse Reactions*

Commonly observed adverse reactions associated with the use of Aripiprazole in paediatric patients with autistic disorder (incidence of 5% or greater & Aripiprazole incidence at least twice that for placebo) are shown in Table-7

**Table 7: Commonly Observed Adverse Reactions in Short-Term, Placebo-Controlled Trials of Paediatric Patients (6 to 17 years) with Autistic Disorder treated with Oral Aripiprazole**

Preferred Term	Percentage of Patients Reporting Reaction	
	Aripiprazole (n = 212)	Placebo (n = 101)
Sedation	21	4
Fatigue	17	2
Vomiting	14	7
Somnolence	10	4
Tremor	10	0
Pyrexia	9	1
Drooling	9	0
Decreased Appetite	7	2
Salivary Hypersecretion	6	1
Extrapyramidal Disorder	6	0
Lethargy	5	0

#### **Paediatric Patients (6 to 18 years) with Tourette's Disorder**

The following findings are based on one 8-week and one 10-week, placebo-controlled trials in which oral Aripiprazole was administered in doses of 2 to 20 mg/day.

##### *Adverse Reactions Associated with Discontinuation of Treatment*

The incidence of discontinuation due to adverse reactions between Aripiprazole-treated and placebo-treated paediatric patients (6 to 18 years) was 7% and 1%, respectively.

##### *Commonly Observed Adverse Reactions*

Commonly observed adverse reactions associated with the use of Aripiprazole in paediatric patients with Tourette's disorder (incidence of 5% or greater & Aripiprazole incidence at least twice that for placebo) are shown in Table 8.

**Table 8: Commonly Observed Adverse Reactions in Short-Term, Placebo-Controlled Trials of Paediatric Patients (6 to 18 years) with Tourette's Disorder Treated with Oral Aripiprazole.**

Percentage of Patients Reporting Reaction	
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Preferred Term	Aripiprazole (n = 121)	Placebo (n = 72)
Sedation	13	6
Somnolence	13	1
Nausea	11	4
Headache	10	3
Nasopharyngitis	9	0
Fatigue	8	0
Increased Appetite	7	1

**Less Common Adverse Reactions in Paediatric Patients (6 to 18 years) with Schizophrenia, Bipolar Mania, Autistic Disorder, or Tourette’s Disorder**

Table 9 enumerates the pooled incidence, rounded to the nearest percent, of adverse reactions that occurred during acute therapy (up to 6 weeks in schizophrenia, up to 4 weeks in bipolar mania, up to 8 weeks in autistic disorder, and up to 10 weeks in Tourette’s disorder), including only those reactions that occurred in 2% or more of paediatric patients treated with Aripiprazole (doses  $\geq 2$  mg/day) and for which the incidence in patients treated with Aripiprazole was greater than the incidence in patients treated with placebo.

**Table 9: Adverse Reactions in Short-Term, Placebo-Controlled Trials of Paediatric Patients (6 to 18 years)**

Treated with Oral Aripiprazole		
Percentage of Patients Reporting Reaction <sup>a</sup>		
System Organ Class	Aripiprazole (n = 732)	Placebo (n = 370)
Preferred Term		
<b>Eye Disorders</b>		
Blurred Vision	3	0
<b>Gastrointestinal Disorders</b>		
Abdominal Discomfort	2	1
Vomiting	8	7
Nausea	8	4
Diarrhoea	4	3
Salivary Hypersecretion	4	1
Abdominal Pain Upper	3	2
Constipation	2	2
<b>General Disorders and Administration Site Conditions</b>		
Fatigue	10	2
Pyrexia	4	1
Irritability	2	1
Asthenia	2	1
<b>Infections and Infestations</b>		
Nasopharyngitis	6	3
<b>Investigations</b>		
Weight Increased	3	1
<b>Metabolism and Nutrition Disorders</b>		
Increased Appetite	7	3
Decreased Appetite	5	4
<b>Musculoskeletal and Connective Tissue Disorders</b>		
Musculoskeletal Stiffness	2	1
Muscle Rigidity	2	1
<b>Nervous System Disorders</b>		
Somnolence	16	4
Headache	12	10

Sedation	9	2
Tremor	9	1
Extrapyramidal Disorder	6	1
Akathisia	6	4
Drooling	3	0
Lethargy	3	0
Dizziness	3	2
Dystonia	2	1
<b>Respiratory, Thoracic, and Mediastinal Disorders</b>		
Epistaxis	2	1
<b>Skin and Subcutaneous Tissue Disorder</b>		
Rash	2	1

<sup>a</sup>Adverse reactions reported by at least 2% of paediatric patients treated with oral Aripiprazole, except adverse reactions which had an incidence equal to or less than placebo.

### Adult Patients Receiving Aripiprazole as Adjunctive Treatment of Major Depressive Disorder

The following findings are based on a pool of three placebo-controlled trials of adjunctive Aripiprazole in patients with MDD who had an inadequate response to at least two treatments with antidepressants in the current episode, one of them demonstrated prospectively, in which aripiprazole was administered at doses of 2 mg to 20 mg as adjunctive treatment to continued antidepressant therapy for up to 6 weeks.

#### Adverse Reactions Associated with Discontinuation of Treatment

The incidence of discontinuation due to adverse reactions was 6% for adjunctive Aripiprazole-treated patients and 2% for adjunctive placebo-treated patients. Akathisia, the most common adverse event leading to discontinuation in the aripiprazole group, led to withdrawal of 1.3% of aripiprazole-treated patients and 0% of patients on placebo.

#### Commonly Observed Adverse Reactions

The commonly observed adverse reactions associated with the use of adjunctive Aripiprazole in patients with major depressive disorder (incidence of 5% or greater and Aripiprazole incidence at least twice that for placebo) were: akathisia, restlessness, insomnia, constipation, fatigue, blurred vision, and somnolence.

#### Less Common Adverse Reactions in Adult Patients with Major Depressive Disorder

Table 10 enumerates the pooled incidence, rounded to the nearest percent, of adverse reactions that occurred during acute therapy (up to 6 weeks), including only those adverse reactions that occurred in 2% or more of patients treated with adjunctive Aripiprazole (doses  $\geq$  2 mg/day) and for which the incidence in patients treated with adjunctive Aripiprazole was greater than the incidence in patients treated with adjunctive placebo in the combined dataset.

<b>Table 10: Treatment Emergent Adverse Events in Short-Term, Placebo- Controlled Adjunctive Trials of Adult Patients with Major Depressive Disorder (flexible doses of 2 to 20 mg/day)</b>		
<b>Percentage of Patients Reporting Reaction<sup>a</sup></b>		
<b>System Organ Class</b>	<b>Aripiprazole + ADT*</b>	<b>Placebo + ADT*</b>
<b>Preferred Term</b>	<b>(n = 547)</b>	<b>(n = 538)</b>
<b>Eye Disorders</b>		
Blurred Vision	6	2
<b>Gastrointestinal Disorders</b>		
Constipation	5	2
Dyspepsia	2	1
<b>General Disorders and Administration Site Conditions</b>		
Fatigue	9	4
Feeling Jittery	2	1

Irritability	2	1
<b>Infections and Infestations</b>		
Upper Respiratory Tract Infection	6	5
Nasopharyngitis	3	2
<b>Investigations</b>		
Weight Increased	3	2
<b>Metabolism and Nutrition Disorders</b>		
Increased Appetite	3	2
<b>Musculoskeletal and Connective Tissue Disorders</b>		
Arthralgia	4	2
Myalgia	3	1
<b>Nervous System Disorders</b>		
Akathisia	23	4
Somnolence	6	3
Dizziness	4	2
Sedation	4	2
Disturbance in Attention	2	1
<b>Psychiatric Disorders</b>		
Restlessness	12	2
Insomnia	8	3

<sup>a</sup>Adverse reactions reported by at least 2% of patients treated with adjunctive Aripiprazole, except adverse reactions which had an incidence equal to or less than placebo.

\*Antidepressant Therapy

## **Dose-Related Adverse Reactions**

### ***Schizophrenia***

Dose response relationships for the incidence of treatment-emergent adverse events were evaluated from four trials in adult patients with schizophrenia comparing various fixed doses (2, 5, 10, 15, 20, and 30 mg/day) of Aripiprazole to placebo. This analysis, stratified by study, indicated that the only adverse reaction to have a possible dose response relationship, and then most prominent only with 30 mg, was somnolence ([including sedation] placebo, 7.1%; 10 mg, 8.5%; 15 mg, 8.7%; 20 mg, 7.5%; 30 mg, 12.6%).

In the study of paediatric patients (13 to 17 years of age) with schizophrenia, three common adverse reactions appeared to have a possible dose response relationship: extrapyramidal disorder (incidences were placebo, 5.0%; 10 mg, 13.0%; 30 mg, 21.6%); somnolence (incidences were placebo, 6.0%; 10 mg, 11.0%; 30 mg, 21.6%); and tremor (incidences were placebo, 2.0%; 10 mg, 2.0%; 30 mg, 11.8%).

### ***Bipolar Mania***

In the study of paediatric patients (10 to 17 years of age) with bipolar mania, four common adverse reactions had a possible dose response relationship at 4 weeks; extrapyramidal disorder (incidences were placebo, 3.1%; 10 mg, 12.2%; 30 mg, 27.3%); somnolence (incidences were placebo, 3.1%; 10 mg, 19.4%; 30 mg, 26.3%); akathisia (incidences were placebo, 2.1%; 10 mg, 8.2%; 30 mg, 11.1%); and salivary hypersecretion (incidences were placebo, 0%; 10 mg, 3.1%; 30 mg, 8.1%).

### ***Autistic Disorder***

In a study of paediatric patients (6 to 17 years of age) with autistic disorder, one common adverse reaction had a possible dose response relationship: fatigue (incidences were placebo, 0%; 5 mg, 3.8%; 10 mg, 22.0%; 15 mg, 18.5%).

### ***Tourette's Disorder***

In a study of paediatric patients (7 to 17 years of age) with Tourette's disorder, no common adverse reaction(s) had a dose response relationship.

### **Extrapyramidal Symptoms**

#### ***Schizophrenia***

In the short-term, placebo-controlled trials of schizophrenia in adults, the incidence of reported EPS-related events, excluding events related to akathisia, for Aripiprazole-treated patients was 13% vs. 12% for placebo. In the short-term, placebo-controlled trials in schizophrenia, the incidence of akathisia-related events for Aripiprazole-treated patients was 8% vs. 4% for placebo. In the short-term, placebo-controlled trial of schizophrenia in paediatric patients (13 to 17 years), the incidence of reported EPS-related events, excluding events related to akathisia, for Aripiprazole-treated patients was 25% vs. 7% for placebo; and the incidence of akathisia-related events for Aripiprazole-treated patients was 9% vs. 6% for placebo.

Objectively collected data from those trials was collected on the Simpson Angus Rating Scale (for EPS), the Barnes Akathisia Scale (for akathisia) and the Assessments of Involuntary Movement Scales (for dyskinesias). In the schizophrenia trials, the objectively collected data did not show a difference between Aripiprazole and placebo, with the exception of the Barnes Akathisia Scale (aripiprazole, 0.08; placebo, -0.05). In the paediatric (13 to 17 years) schizophrenia trial, the objectively collected data did not show a difference between Aripiprazole and placebo, with the exception of the Simpson Angus Rating Scale (Aripiprazole, 0.24; placebo, -0.29).

Similarly, in a long-term (26-week), placebo-controlled trial of schizophrenia, objectively collected data on the Simpson Angus Rating Scale (for EPS), the Barnes Akathisia Scale (for akathisia), and the Assessments of Involuntary Movement Scales (for dyskinesias) did not show a difference between Aripiprazole and placebo.

#### ***Bipolar Mania***

In the short-term, placebo-controlled trials in bipolar mania in adults, the incidence of reported EPS-related events, excluding events related to akathisia, for monotherapy Aripiprazole-treated patients was 16% vs. 8% for placebo and the incidence of akathisia-related events for monotherapy Aripiprazole-treated patients was 13% vs. 4% for placebo. In the 6-week, placebo-controlled trial in bipolar mania for adjunctive therapy with lithium or valproate, the incidence of reported EPS-related events, excluding events related to akathisia for adjunctive Aripiprazole-treated patients was 15% vs. 8% for adjunctive placebo and the incidence of akathisia-related events for adjunctive Aripiprazole-treated patients was 19% vs. 5% for adjunctive placebo. In the short-term, placebo-controlled trial in bipolar mania in paediatric (10 to 17 years) patients, the incidence of reported EPS-related events, excluding events related to akathisia, for Aripiprazole-treated patients was 26% vs. 5% for placebo and the incidence of akathisia-related events for Aripiprazole-treated patients was 10% vs. 2% for placebo.

In the adult bipolar mania trials with monotherapy Aripiprazole, the Simpson Angus Rating Scale and the Barnes Akathisia Scale showed a significant difference between Aripiprazole and placebo (Aripiprazole, 0.50; placebo, -0.01 and Aripiprazole, 0.21; placebo, -0.05). Changes in the Assessments of Involuntary Movement Scales were similar for the Aripiprazole and placebo groups. In the bipolar mania trials with Aripiprazole as adjunctive therapy with either lithium or valproate, the Simpson Angus Rating Scale and the Barnes Akathisia Scale showed a significant difference between adjunctive Aripiprazole and adjunctive placebo (Aripiprazole, 0.73; placebo, 0.07 and Aripiprazole, 0.30; placebo, 0.11). Changes in the Assessments of Involuntary Movement Scales were similar for adjunctive Aripiprazole and adjunctive placebo. In the paediatric (10 to 17 years), short-term, bipolar mania trial, the Simpson Angus Rating Scale showed a significant difference between Aripiprazole and placebo (Aripiprazole, 0.90; placebo, -0.05). Changes in the Barnes Akathisia Scale and the Assessments of Involuntary Movement Scales were similar for the Aripiprazole and placebo groups.

#### ***Major Depressive Disorder***

In the short-term, placebo-controlled trials in major depressive disorder, the incidence of reported EPS-related events, excluding events related to akathisia, for adjunctive Aripiprazole-treated patients was 8% vs. 5% for

adjunctive placebo-treated patients; and the incidence of akathisia-related events for adjunctive Aripiprazole-treated patients was 23% vs. 4% for adjunctive placebo-treated patients.

In the major depressive disorder trials, the Simpson Angus Rating Scale and the Barnes Akathisia Scale showed a significant difference between adjunctive Aripiprazole and adjunctive placebo (Aripiprazole, 0.27; placebo, 0.01 and Aripiprazole, 0.23; placebo, 0.03). Changes in the Assessments of Involuntary Movement Scales were similar for the adjunctive Aripiprazole and adjunctive placebo groups.

### ***Autistic Disorder***

In the short-term, placebo-controlled trials in autistic disorder in paediatric patients (6 to 17 years), the incidence of reported EPS-related events, excluding events related to akathisia, for Aripiprazole-treated patients was 18% vs. 2% for placebo and the incidence of akathisia-related events for Aripiprazole-treated patients was 3% vs. 9% for placebo.

In the paediatric (6 to 17 years) short-term autistic disorder trials, the Simpson Angus Rating Scale showed a significant difference between Aripiprazole and placebo (Aripiprazole, 0.1; placebo, -0.4). Changes in the Barnes Akathisia Scale and the Assessments of Involuntary Movement Scales were similar for the Aripiprazole and placebo groups.

### ***Tourette's Disorder***

In the short-term, placebo-controlled trials in Tourette's disorder in paediatric patients (6 to 18 years), the incidence of reported EPS-related events, excluding events related to akathisia, for Aripiprazole-treated patients was 7% vs. 6% for placebo and the incidence of akathisia-related events for Aripiprazole-treated patients was 4% vs. 6% for placebo.

In the paediatric (6 to 18 years) short-term Tourette's disorder trials, changes in the Simpson Angus Rating Scale, Barnes Akathisia Scale and Assessments of Involuntary Movement Scale were not clinically meaningfully different for Aripiprazole and placebo.

### ***Dystonia***

Symptoms of dystonia, prolonged abnormal contractions of muscle groups, may occur in susceptible individuals during the first few days of treatment. Dystonic symptoms include: spasm of the neck muscles, sometimes progressing to tightness of the throat, swallowing difficulty, difficulty breathing, and/or protrusion of the tongue. While these symptoms can occur at low doses, they occur more frequently and with greater severity with high potency and at higher doses of first generation antipsychotic drugs. An elevated risk of acute dystonia is observed in males and younger age groups.

### **Additional Findings Observed in Clinical Trials**

#### *Adverse Reactions in Long-Term, Double-Blind, Placebo-Controlled Trials*

The adverse reactions reported in a 26-week, double-blind trial comparing Aripiprazole and placebo in patients with schizophrenia were generally consistent with those reported in the short-term, placebo-controlled trials, except for a higher incidence of tremor [8% (12/153) for Aripiprazole vs. 2% (3/153) for placebo]. In this study, the majority of the cases of tremor were of mild intensity (8/12 mild and 4/12 moderate), occurred early in therapy (9/12  $\leq$  49 days), and were of limited duration (7/12  $\leq$  10 days). Tremor infrequently led to discontinuation (< 1%) of Aripiprazole. In addition, in a long-term (52-week), active-controlled study, the incidence of tremor for Aripiprazole was 5% (40/859).

A similar profile was observed in a long-term monotherapy study and a long-term adjunctive study with lithium and valproate in bipolar disorder.

## **Other Adverse Reactions Observed During the Premarketing Evaluation of Aripiprazole**

The following listing does not include reactions: 1) already listed in previous tables or elsewhere in labelling, 2) for which a drug cause was remote, 3) which were so general as to be uninformative, 4) which were not considered to have significant clinical implications, or 5) which occurred at a rate equal to or less than placebo.

Reactions are categorized by body system according to the following definitions: frequent adverse reactions are those occurring in at least 1/100 patients; infrequent adverse reactions are those occurring in 1/100 to 1/1000 patients; rare reactions are those occurring in fewer than 1/1000 patients:

### **Adults**

Blood and Lymphatic System Disorders: rare – thrombocytopenia

Cardiac Disorders: infrequent – bradycardia, palpitations; rare – atrial flutter, cardio-respiratory arrest, atrioventricular block, atrial fibrillation, angina pectoris, myocardial ischemia, myocardial infarction, cardiopulmonary failure

Eye Disorders: infrequent – photophobia; rare – diplopia

Gastrointestinal Disorders: infrequent - gastroesophageal reflux disease

General Disorders and Administration Site Conditions: frequent - asthenia; infrequent – peripheral oedema, chest pain; rare – face oedema

Hepatobiliary Disorders: rare - hepatitis, jaundice

Immune System Disorders: rare- hypersensitivity

Injury, Poisoning, and Procedural Complications: infrequent– fall; rare – heat stroke

Investigations: frequent - weight decreased, infrequent - hepatic enzyme increased, blood glucose increased, blood lactate dehydrogenase increased, gamma glutamyl transferase increased; rare – blood prolactin increased, blood urea increased, blood creatinine increased, blood bilirubin increased, electrocardiogram QT prolonged, glycosylated haemoglobin increased

Metabolism and Nutrition Disorders: frequent –anorexia; infrequent - rare - hypokalaemia, hyponatremia, hypoglycaemia

Musculoskeletal and Connective Tissue Disorders: infrequent - muscular weakness, muscle tightness; rare – rhabdomyolysis, mobility decreased

Nervous System Disorders: infrequent - parkinsonism, memory impairment, cogwheel rigidity, hypokinesia, myoclonus, bradykinesia; rare – akinesia, myoclonus, coordination abnormal, speech disorder, Grand Mal convulsion; <1/10,000 patients – choreoathetosis

Psychiatric Disorders: infrequent – aggression, loss of libido, delirium; rare – libido increased, anorgasmia, tic, homicidal ideation, catatonia, sleep walking

Renal and Urinary Disorders: rare - urinary retention, nocturia

Reproductive System and Breast Disorders: infrequent - erectile dysfunction; rare – gynaecomastia, menstruation irregular, amenorrhea, breast pain, priapism

Respiratory, Thoracic, and Mediastinal Disorders: infrequent - nasal congestion, dyspnoea

Skin and Subcutaneous Tissue Disorders: infrequent - rash, hyperhidrosis, pruritus, photosensitivity reaction, alopecia; rare – urticaria

Vascular Disorders: infrequent – hypotension, hypertension

### **Paediatric Patients**

Most adverse events observed in the pooled database of 1,686 paediatric patients, aged 6 to 18 years, were also observed in the adult population. Additional adverse reactions observed in the paediatric population are listed below.

Eye Disorders: infrequent – oculogyric crisis

Gastrointestinal Disorders: infrequent – tongue dry, tongue spasm

Investigations: frequent – blood insulin increased

Nervous System Disorders: infrequent – sleep talking  
Renal and Urinary Disorders: frequent – enuresis  
Skin and Subcutaneous Tissue Disorders: infrequent – hirsutism

### **Post-marketing Experience**

The following adverse events were reported during the post marketing use of aripiprazole. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure: occurrences of blood glucose fluctuation, allergic reaction (anaphylactic reaction, angioedema, laryngospasm or oropharyngeal spasm), hyper sexuality, pathological gambling, hepatic failure, hiccups, oculogyric crisis and Drug Reaction with Eosinophilia and Systemic Symptoms (DRESS).

### **Under Psychiatric disorders**

Somnambulism (sleep walking) and Sleep-related eating disorder

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions.

### **OVERDOSAGE**

MedDRA terminology has been used to classify the adverse reactions.

### **Human Experience**

In clinical trials and in post marketing experience, adverse reactions of deliberate or accidental over dosage with Aripiprazole have been reported worldwide. These include overdoses with Aripiprazole alone and in combination with other substances. No fatality was reported with Aripiprazole alone. The largest known dose with a known outcome involved acute ingestion of 1,260 mg of Aripiprazole (42 times the maximum recommended daily dose) by a patient who fully recovered. Deliberate or accidental over dosage was also reported in children (age 12 years and younger) involving Aripiprazole ingestions up to 195 mg with no fatalities.

Common adverse reactions (reported in at least 5% of all overdose cases) reported with Aripiprazole over dosage (alone or in combination with other substances) include vomiting, somnolence, and tremor. Other clinically important signs and symptoms observed in one or more patients with Aripiprazole overdoses (alone or with other substances) include acidosis, aggression, aspartate aminotransferase increased, atrial fibrillation, bradycardia, coma, confusional state, convulsion, blood creatine phosphokinase increased, depressed level of consciousness, hypertension, hypokalaemia, hypotension, lethargy, loss of consciousness, QRS complex prolonged, QT prolonged, pneumonia aspiration, respiratory arrest, status epilepticus and tachycardia.

### **Management of Over Dosage**

No specific information is available on the treatment of overdose with Aripiprazole. An electrocardiogram should be obtained in case of over dosage and, if QTc interval prolongation is present, cardiac monitoring should be instituted. Otherwise, management of overdose should concentrate on supportive therapy, maintaining an adequate airway, oxygenation and ventilation, and management of symptoms. Close medical supervision and monitoring should continue until the patient recovers.

*Charcoal:* In the event of an overdose of Aripiprazole, an early charcoal administration may be useful in partially preventing the absorption of aripiprazole. Administration of 50 g of activated charcoal, one hour after a single 15-mg oral dose of Aripiprazole, decreased the mean AUC and C<sub>max</sub> of aripiprazole by 50%.

*Haemodialysis:* Although there is no information on the effect of haemodialysis in treating an overdose with Aripiprazole, haemodialysis is unlikely to be useful in overdose management since aripiprazole is highly bound to plasma proteins.

## NONCLINICAL TOXICOLOGY

### *Carcinogenesis*

Lifetime carcinogenicity studies were conducted in ICR mice, Sprague-Dawley (SD) and F344 rats. Aripiprazole was administered for 2 years in the diet at doses of 1, 3, 10, and 30 mg/kg/day to ICR mice and 1, 3, and 10 mg/kg/day to F344 rats (0.2 to 5 times and 0.3 to 3 times the maximum recommended human dose [MRHD] based on mg/m<sup>2</sup>, respectively). In addition, SD rats were dosed orally for 2 years at 10, 20, 40, and 60 mg/kg/day (3 to 19 times the MRHD based on mg/m<sup>2</sup>). Aripiprazole did not induce tumours in male mice or male rats. In female mice, the incidences of pituitary gland adenomas and mammary gland adenocarcinomas and adenoacanthomas were increased at dietary doses of 3 to 30 mg/kg/day (0.1 to 0.9 times human exposure at MRHD based on AUC and 0.5 to 5 times the MRHD based on mg/m<sup>2</sup>). In female rats, the incidence of mammary gland fibro adenomas was increased at a dietary dose of 10 mg/kg/day (0.1 times human exposure at MRHD based on AUC and 3 times the MRHD based on mg/m<sup>2</sup>); and the incidences of adrenocortical carcinomas and combined adrenocortical adenomas/carcinomas were increased at an oral dose of 60 mg/kg/day (14 times human exposure at MRHD based on AUC and 19 times the MRHD based on mg/m<sup>2</sup>).

Proliferative changes in the pituitary and mammary gland of rodents have been observed following chronic administration of other antipsychotic agents and are considered prolactin-mediated. Serum prolactin was not measured in the aripiprazole carcinogenicity studies. However, increases in serum prolactin levels were observed in female mice in a 13-week dietary study at the doses associated with mammary gland and pituitary tumours. Serum prolactin was not increased in female rats in 4-week and 13-week dietary studies at the dose associated with mammary gland tumours. The relevance for human risk of the findings of prolactin-mediated endocrine tumours in rodents is unknown.

### *Mutagenesis*

The mutagenic potential of aripiprazole was tested in the *in vitro* bacterial reverse-mutation assay, the *in vitro* bacterial DNA repair assay, the *in vitro* forward gene mutation assay in mouse lymphoma cells, the *in vitro* chromosomal aberration assay in Chinese hamster lung (CHL) cells, the *in vivo* micronucleus assay in mice, and the unscheduled DNA synthesis assay in rats. Aripiprazole and a metabolite (2,3-DCPP) were clastogenic in the *in vitro* chromosomal aberration assay in CHL cells with and without metabolic activation. The metabolite, 2,3-DCPP, produced increases in numerical aberrations in the *in vitro* assay in CHL cells in the absence of metabolic activation. A positive response was obtained in the *in vivo* micronucleus assay in mice; however, the response was shown to be due to a mechanism not considered relevant to humans.

### *Impairment of Fertility*

Female rats were treated with oral doses of 2, 6, and 20 mg/kg/day (0.6, 2, and 6 times the maximum recommended human dose [MRHD] on a mg/m<sup>2</sup> basis) of aripiprazole from 2 weeks prior to mating through day 7 of gestation. Oestrus cycle irregularities and increased corpora lutea were seen at all doses, but no impairment of fertility was seen. Increased pre-implantation loss was seen at 6 and 20 mg/kg/day, and decreased foetal weight was seen at 20 mg/kg/day.

Male rats were treated with oral doses of 20, 40, and 60 mg/kg/day (6, 13, and 19 times the MRHD on a mg/m<sup>2</sup> basis) of aripiprazole from 9 weeks prior to mating through mating. Disturbances in spermatogenesis were seen at 60 mg/kg, and prostate atrophy was seen at 40 and 60 mg/kg, but no impairment of fertility was seen.

### **Animal Toxicology and/or Pharmacology**

Aripiprazole produced retinal degeneration in albino rats in a 26-week chronic toxicity study at a dose of 60 mg/kg and in a 2-year carcinogenicity study at doses of 40 and 60 mg/kg. The 40- and 60-mg/kg/day doses are 13 and 19 times the maximum recommended human dose (MRHD) based on mg/m<sup>2</sup> and 7 to 14 times human exposure at MRHD based on AUC. Evaluation of the retinas of albino mice and of monkeys did not reveal evidence of retinal degeneration. Additional studies to further evaluate the mechanism have not been performed. The relevance of this finding to human risk is unknown.

## CLINICAL STUDIES

### **Schizophrenia**

## Adults

The efficacy of Aripiprazole in the treatment of schizophrenia was evaluated in five short-term (4- and 6-week), placebo-controlled trials of acutely relapsed inpatients who predominantly met DSM-III/IV criteria for schizophrenia. Four of the five trials were able to distinguish Aripiprazole from placebo, but one study, the smallest, did not. Three of these studies also included an active control group consisting of either risperidone (one trial) or haloperidol (two trials), but they were not designed to allow for a comparison of Aripiprazole and the active comparators.

In the four positive trials for Aripiprazole, four primary measures were used for assessing psychiatric signs and symptoms. The Positive and Negative Syndrome Scale (PANSS) is a multi-item inventory of general psychopathology used to evaluate the effects of drug treatment in schizophrenia. The PANSS positive subscale is a subset of items in the PANSS that rates seven positive symptoms of schizophrenia (delusions, conceptual disorganization, hallucinatory behaviour, excitement, grandiosity, suspiciousness/persecution, and hostility). The PANSS negative subscale is a subset of items in the PANSS that rates seven negative symptoms of schizophrenia (blunted affect, emotional withdrawal, poor rapport, passive apathetic withdrawal, difficulty in abstract thinking, lack of spontaneity/flow of conversation, and stereotyped thinking). The Clinical Global Impression (CGI) assessment reflects the impression of a skilled observer, fully familiar with the manifestations of schizophrenia, about the overall clinical state of the patient.

In a 4-week trial (n = 414) comparing two fixed doses of Aripiprazole (15 or 30 mg/day) to placebo, both doses of Aripiprazole were superior to placebo in the PANSS total score (Study 1 in Table 11), PANSS positive subscale, and CGI-severity score. In addition, the 15- mg dose was superior to placebo in the PANSS negative subscale.

In a 4-week trial (n = 404) comparing two fixed doses of Aripiprazole (20 or 30 mg/day) to placebo, both doses of Aripiprazole were superior to placebo in the PANSS total score (Study 2 in Table 11), PANSS positive subscale, PANSS negative subscale, and CGI-severity score.

In a 6-week trial (n = 420) comparing three fixed doses of Aripiprazole (10, 15, or 20 mg/day) to placebo, all three doses of Aripiprazole were superior to placebo in the PANSS total score (Study 3 in Table 11), PANSS positive subscale, and the PANSS negative subscale.

In a 6-week trial (n = 367) comparing three fixed doses of Aripiprazole (2, 5, or 10 mg/day) to placebo, the 10-mg dose of Aripiprazole was superior to placebo in the PANSS total score (Study 4 in Table 11), the primary outcome measure of the study. The 2-mg and 5-mg doses did not demonstrate superiority to placebo on the primary outcome measure.

Thus, the efficacy of 10-mg, 15-mg, 20-mg, and 30-mg daily doses was established in two studies for each dose. Among these doses, there was no evidence that the higher dose groups offered any advantage over the lowest dose group of these studies. An examination of population subgroups did not reveal any clear evidence of differential responsiveness on the basis of age, gender, or race.

A longer-term trial enrolled 310 inpatients or outpatients meeting DSM-IV criteria for schizophrenia who were, by history, symptomatically stable on other antipsychotic medications for periods of 3 months or longer. These patients were discontinued from their antipsychotic medications and randomized to Aripiprazole 15 mg or placebo for up to 26 weeks of observation for relapse. Relapse during the double-blind phase was defined as CGI-Improvement score of  $\geq 5$  (minimally worse), scores  $\geq 5$  (moderately severe) on the hostility or uncooperativeness items of the PANSS, or  $\geq 20\%$  increase in the PANSS total score. Patients receiving Aripiprazole 15 mg experienced a significantly longer time to relapse over the subsequent 26 weeks compared to those receiving placebo.

## Paediatric Patients

The efficacy of Aripiprazole in the treatment of schizophrenia in paediatric patients (13 to 17 years of age) was

evaluated in one 6-week, placebo-controlled trial of outpatients who met DSM-IV criteria for schizophrenia and had a PANSS score  $\geq 70$  at baseline. In this trial (n = 302) comparing two fixed doses of Aripiprazole (10 or 30 mg/day) to placebo, Aripiprazole was titrated starting from 2 mg/day to the target dose in 5 days in the 10 mg/day treatment arm and in 11 days in the 30 mg/day treatment arm. Both doses of Aripiprazole were superior to placebo in the PANSS total score (Study 5 in Table 11), the primary outcome measure of the study. The 30 mg/day dosage was not shown to be more efficacious than the 10 mg/day dose. Although maintenance efficacy in paediatric patients has not been systematically evaluated, maintenance efficacy can be extrapolated from adult data along with comparisons of aripiprazole pharmacokinetic parameters in adult and paediatric patients.

**Table 11** Schizophrenia Studies

Study number	Treatment Group	Primary Efficacy Measure: PANSS		
		Mean Baseline Score (SD)	LS Mean Change from Baseline (SE)	Placebo-subtracted Difference <sup>a</sup> (95% CI)
Study 1	Aripiprazole (15 mg/day)*	98.5 (17.2)	-15.5 (2.40)	-12.6 (-18.9, -6.2)
	Aripiprazole (30 mg/day)*	99.0 (19.2)	-11.4 (2.39)	-8.5 (-14.8, -2.1)
	Placebo	100.2 (16.5)	-2.9 (2.36)	---
Study 2	Aripiprazole (20 mg/day)*	92.6 (19.5)	-14.5 (2.23)	-9.6 (-15.4, -3.8)
	Aripiprazole (30 mg/day)*	94.2 (18.5)	-13.9 (2.24)	-9.0 (-14.8, -3.1)
	Placebo	94.3 (18.5)	-5.0 (2.17)	---
Study 3	Aripiprazole (10 mg/day)*	92.7(19.5)	-15.0 (2.38)	-12.7 (-19.00, -6.41)
	Aripiprazole (15 mg/day)*	93.2 (21.6)	-11.7 (2.38)	-9.4 (-15.71, -3.08)
	Aripiprazole (20 mg/day)*	92.5 (20.9)	-14.4 (2.45)	-12.1 (-18.53, -5.68)
	Placebo	92.3 (21.8)	-2.3 (2.35)	---
Study 4	Aripiprazole (2 mg/day)	90.7 (14.5)	-8.2 (1.90)	-2.9 (-8.29, 2.47)
	Aripiprazole (5 mg/day)	92.0 (12.6)	-10.6 (1.93)	-5.2 (-10.7, 0.19)
	Aripiprazole (10 mg/day)*	90.0 (11.9)	-11.3 (1.88)	-5.9 (-11.3, -0.58)
	Placebo	90.8 (13.3)	-5.3 (1.97)	---
Study 5 (Paediatric, 13 to 17 years)	Aripiprazole (10 mg/day)*	93.6 (15.7)	-26.7 (1.91)	-5.5 (-10.7, -0.21)
	Aripiprazole (30 mg/day)*	94.0 (16.1)	-28.6 (1.92)	-7.4 (-12.7, -2.13)
	Placebo	94.6 (15.6)	-21.2 (1.93)	---

SD: standard deviation; SE: standard error; LS Mean: least-squares mean; CI: unadjusted confidence interval.

<sup>a</sup>Difference (drug minus placebo) in least-squares mean change from baseline.

\* Doses statistically significantly superior to placebo.

## Bipolar Disorder

### Acute Treatment of Manic and Mixed Episodes

#### Adults

##### Monotherapy

The efficacy of Aripiprazole as monotherapy in the acute treatment of manic episodes was established in four 3-week, placebo-controlled trials in hospitalized patients who met the DSM-IV criteria for bipolar I disorder with manic or mixed episodes. These studies included patients with or without psychotic features and two of the studies also included patients with or without a rapid-cycling course.

The primary instrument used for assessing manic symptoms was the Young Mania Rating Scale (Y-MRS), an 11-item clinician-rated scale traditionally used to assess the degree of manic symptomatology in a range from 0 (no manic features) to 60 (maximum score). A key secondary instrument included the Clinical Global Impression-Bipolar (CGI-BP) Scale.

In the four positive, 3-week, placebo-controlled trials (n = 268; n = 248; n = 480; n = 485) which evaluated Aripiprazole in a range of 15 mg to 30 mg, once daily (with a starting dose of 30 mg/day in two studies and 15 mg/day in two studies), Aripiprazole was superior to placebo in the reduction of Y-MRS total score (Studies 1 to 4 in Table 12) and CGI-BP Severity of Illness score (mania). In the two studies with a starting dose of 15 mg/day,

48% and 44% of patients were on 15 mg/day at endpoint. In the two studies with a starting dose of 30 mg/day, 86% and 85% of patients were on 30 mg/day at endpoint.

### Adjunctive Therapy

The efficacy of adjunctive Aripiprazole with concomitant lithium or valproate in the treatment of manic or mixed episodes was established in a 6-week, placebo-controlled study (n = 384) with a 2-week lead-in mood stabilizer monotherapy phase in adult patients who met DSM-IV criteria for bipolar I disorder. This study included patients with manic or mixed episodes and with or without psychotic features.

Patients were initiated on open-label lithium (0.6 to 1.0 mEq/L) or valproate (50 to 125 µg/mL) at therapeutic serum levels, and remained on stable doses for 2 weeks. At the end of 2 weeks, patients demonstrating inadequate response (YMRS total score  $\geq 16$  and  $\leq 25\%$  improvement on the Y-MRS total score) to lithium or valproate were randomized to receive either Aripiprazole (15 mg/day or an increase to 30 mg/day as early as day 7) or placebo as adjunctive therapy with open-label lithium or valproate. In the 6-week, placebo-controlled phase, adjunctive Aripiprazole starting at 15 mg/day with concomitant lithium or valproate (in a therapeutic range of 0.6 to 1.0 mEq/L or 50 to 125 µg/mL, respectively) was superior to lithium or valproate with adjunctive placebo in the reduction of the Y-MRS total score (Study 5 in Table 12) and CGI-BP Severity of Illness score (mania). Seventy-one percent of the patients co-administered valproate and 62% of the patients co-administered lithium were on 15 mg/day at 6-week endpoint.

### Paediatric Patients

The efficacy of Aripiprazole in the treatment of bipolar I disorder in paediatric patients (10 to 17 years of age) was evaluated in one 4-week, placebo-controlled trial (n=296) of outpatients who met DSM-IV criteria for bipolar I disorder manic or mixed episodes with or without psychotic features and had a Y-MRS score  $\geq 20$  at baseline. This double-blind, placebo-controlled trial compared two fixed doses of Aripiprazole (10 or 30 mg/day) to placebo. The Aripiprazole dose was started at 2 mg/day, which was titrated to 5 mg/day after 2 days, and to the target dose in 5 days in the 10 mg/day treatment arm, and in 13 days in the 30 mg/day treatment arm. Both doses of Aripiprazole were superior to placebo in change from baseline to week 4 on the Y-MRS total score (Study 6 in Table 12).

**Table 12:** Bipolar Studies

Study number	Treatment Group	Primary Efficacy Measure: Y-MRS		
		Mean Baseline Score (SD)	LS Mean Change from Baseline (SE)	Placebo-subtracted Difference <sup>a</sup> (95% CI)
Study 1	Aripiprazole (30/15 mg/day)*	29.0 (5.9)	-12.52 (1.05)	-5.33 (-7.90, -2.76)
	Placebo	28.5 (4.6)	-7.19 (1.07)	--
Study 2	Aripiprazole (30/15 mg/day)*	27.8 (5.7)	-8.15 (1.23)	-4.80 (-7.80, -1.80)
	Placebo	29.1 (6.9)	-3.35 (1.22)	--
Study 3	Aripiprazole (15-30 mg/day)*	28.5 (5.6)	-12.64 (0.84)	-3.63 (-5.75, -1.51)
	Placebo	28.9 (5.9)	9.01 (0.81)	--
Study 4	Aripiprazole (15-30 mg/day)*	28.0 (5.8)	-11.98 (0.80)	-2.28 (-4.44, -0.11)
	Placebo	28.3 (5.8)	-9.70 (0.83)	--
Study 5	Aripiprazole (15 or 30 mg/day)*+Lithium/Valproate	23.2 (5.7)	-13.31 (0.50)	-2.62 (-4.29, -0.95)
	Placebo +Lithium/Valproate	23.0 (4.9)	-10.7 (0.69)	--
Study 6 (Paediatric, 10 to 17 years)	Aripiprazole (10 mg/day)*	29.8 (6.5)	-14.2 (0.89)	-5.99 (-8.49, -3.50)
	Aripiprazole (30 mg/day)*	29.5 (6.3)	-16.5 (0.87)	-8.26 (-10.7, -5.77)
	Placebo	30.7 (6.8)	-8.2 (0.91)	--

SD: standard deviation; SE: standard error; LS Mean: least-squares mean; CI: unadjusted confidence interval.

<sup>a</sup> Difference (drug minus placebo) in least-squares mean change from baseline.

\* Doses statistically significantly superior to placebo.

## **Maintenance Treatment of Bipolar I Disorder**

### **Monotherapy Maintenance Therapy**

A maintenance trial was conducted in adult patients meeting DSM-IV criteria for Bipolar I Disorder with a recent manic or mixed episode who had been stabilized on open-label Aripiprazole and who had maintained a clinical response for at least 6 weeks. The first phase of this trial was an open-label stabilization period in which inpatients and outpatients were clinically stabilized and then maintained on open-label Aripiprazole (15 or 30 mg/day, with a starting dose of 30 mg/day) for at least 6 consecutive weeks. One hundred sixty-one outpatients were then randomized in a double-blind fashion, to either the same dose of Aripiprazole they were on at the end of the stabilization and maintenance period or placebo and were then monitored for manic or depressive relapse. During the randomization phase, Aripiprazole was superior to placebo on time to the number of combined affective relapses (manic plus depressive), the primary outcome measure for this study. The majority of these relapses were due to manic rather than depressive symptoms. There is insufficient data to know whether Aripiprazole is effective in delaying the time to occurrence of depression in patients with Bipolar I Disorder.

An examination of population subgroups did not reveal any clear evidence of differential responsiveness on the basis of age and gender; however, there were insufficient numbers of patients in each of the ethnic groups to adequately assess inter-group differences.

### **Adjunctive Maintenance Therapy**

An adjunctive maintenance trial was conducted in adult patients meeting DSMIV criteria for bipolar I disorder with a recent manic or mixed episode. Patients were initiated on open-label lithium (0.6 to 1.0 mEq/L) or valproate (50 to 125 µg/mL) at therapeutic serum levels, and remained on stable doses for 2 weeks. At the end of 2 weeks, patients demonstrating inadequate response (Y-MRS total score  $\geq 16$  and  $\leq 35\%$  improvement on the Y-MRS total score) to lithium or valproate received Aripiprazole with a starting dose of 15 mg/day with the option to increase to 30 mg or reduce to 10 mg as early as day 4, as adjunctive therapy with open-label lithium or valproate. Prior to randomization, patients on the combination of single-blind Aripiprazole and lithium or valproate were required to maintain stability (Y-MRS and MADRS total scores  $\leq 12$ ) for 12 consecutive weeks. Three hundred thirty-seven patients were then randomized in a double-blind fashion, to either the same dose of Aripiprazole they were on at the end of the stabilization period or placebo plus lithium or valproate and were then monitored for manic, mixed, or depressive relapse for a maximum of 52 weeks. Aripiprazole was superior to placebo on the primary endpoint, time from randomization to relapse to any mood. A mood event was defined as hospitalization for a manic, mixed, or depressive episode, study discontinuation due to lack of efficacy accompanied by Y-MRS score  $> 16$  and/or a MADRS  $> 16$ , or an SAE of worsening disease accompanied by YMRS score  $> 16$  and/or a MADRS  $> 16$ . A total of 68 mood events were observed during the double-blind treatment phase. Twenty-five were from the Aripiprazole group and 43 were from the placebo group. The number of observed manic episodes in the Aripiprazole group (7) were fewer than that in the placebo group (19), while the number of depressive episodes in the Aripiprazole group (14) was similar to that in the placebo group (18).

### **Adjunctive Treatment of Major Depressive Disorder**

The efficacy of Aripiprazole in the adjunctive treatment of major depressive disorder (MDD) was demonstrated in three short-term (6-week), placebo-controlled trials of adult patients meeting DSM-IV criteria for MDD who had an inadequate response to prior antidepressant therapy (1 to 3 courses) in the current episode and who had also demonstrated an inadequate response to 8 weeks of prospective antidepressant therapy (paroxetine controlled-release, venlafaxine extended-release, fluoxetine, escitalopram, or sertraline). Inadequate response for prospective treatment was defined as less than 50% improvement on the 17-item version of the Hamilton Depression Rating Scale (HAM-D17), minimal HAM-D17 score of 14, and a Clinical Global Impressions Improvement rating of no better than minimal improvement. Inadequate response to prior treatment was defined as less than 50% improvement as perceived by the patient after a minimum of 6 weeks of antidepressant therapy at or above the minimal effective dose.

The primary instrument used for assessing depressive symptoms was the Montgomery-Asberg Depression Rating

Scale (MADRS), a 10-item clinician-rated scale used to assess the degree of depressive symptomatology. The key secondary instrument was the Sheehan Disability Scale (SDS), a 3-item self-rated instrument used to assess the impact of depression on three domains of functioning with each item scored from 0 (not at all) to 10 (extreme).

In the three trials (n = 381, n = 362, n = 349), Aripiprazole was superior to placebo in reducing mean MADRS total scores (Studies 1, 2, and 3 in Table 13). In one study, Aripiprazole was also superior to placebo in reducing the mean SDS score.

In these trials, patients received Aripiprazole adjunctive to antidepressants at a dose of 5 mg/day. Based on tolerability and efficacy, doses could be adjusted by 5 mg increments, one week apart. Allowable doses were: 2, 5, 10, 15 mg/day, and for patients who were not on potent CYP2D6 inhibitors fluoxetine and paroxetine, 20 mg/day. All patients who tolerated the initial dose were titrated to at least 10 mg/day. The mean final dose at the end point for the three trials was 10.7, 11.4, and 10.7 mg/day.

An examination of population subgroups did not reveal evidence of differential response based on age, choice of prospective antidepressant, or race. With regard to gender, a smaller mean reduction on the MADRS total score was seen in males than in females.

The statistical significance of the treatment-by-gender effect in the combined analysis is primarily due to the results of one of 3 studies. Consistent results between males and females were reported in 2 of the 3 studies. The clinical relevance of this apparent treatment-by-gender is unknown.

Clinical trials evaluating Aripiprazole in MDD did not include Aripiprazole monotherapy treatment arms. It is therefore unknown whether efficacy in adjunct treatment is due to Aripiprazole alone or from combined treatment with an ADT.

**Table 13: Adjunctive Treatment of Major Depressive Disorder Studies**

Study Number	Treatment Group	Primary Efficacy Measure: MADRS		
		Mean Baseline Score (SD)	LS Mean Change from Baseline (SE)	Placebo-subtracted Difference <sup>a</sup> (95% CI)
Study 1	Aripiprazole (5-20 mg/day)* + Antidepressant	25.2(6.2)	-8.49 (0.66)	-2.84 (-4.53 , -1.15)
	Placebo + Antidepressant	27.0 (5.5)	-5.65 (0.64)	--
Study 2	Aripiprazole (5-20 mg/day)* + Antidepressant	26.0 (6.0)	-8.78 (0.63)	-3.01 (-4.66 , -1.37)
	Placebo + Antidepressant	26.0 (6.5)	-5.77 (0.67)	--
Study 3	Aripiprazole (5-20mg/day) + Antidepressant	26.22 (6.9)	-10.12 (0.74)	-3.73 (-5.44, -2.02)
	Placebo + Antidepressant	26.72 (6.9)	-6.39 (0.74)	--

SD: standard deviation; SE: standard error; LS Mean: least-squares mean; CI: unadjusted confidence interval.  
<sup>a</sup> Difference (drug minus placebo) in least-squares mean change from baseline.

\* Doses statistically significantly superior to placebo.

## Irritability Associated with Autistic Disorder

### Paediatric Patient

The efficacy of aripiprazole in the treatment of irritability associated with autistic disorder was established in two 8-week, placebo-controlled trials in paediatric patients (6 to 17 years of age) who met the DSM-IV criteria for autistic disorder and demonstrated behaviours such as tantrums, aggression, self-injurious behaviour, or a combination of these problems. These patients had clinically significant behavioural problems that were at least moderate in severity, as defined by a CGI-Severity score  $\geq 4$  and an Irritability Subscale score  $\geq 18$  on the Aberrant Behaviour Checklist (ABC). Over 75% of these subjects were under 13 years of age.

Efficacy was evaluated using two assessment scales: the ABC and the Clinical Global Impression-Improvement (CGI-I) scale. The primary outcome measure in both trials was the change from baseline to endpoint in the Irritability subscale of the ABC (ABC-I). The ABC-I subscale measured symptoms of irritability in autistic disorder.

The results of these trials are as follows:

In one of the 8-week, placebo-controlled trials, children and adolescents with autistic disorder (n = 98), aged 6 to 17 years, received daily doses of placebo or Aripiprazole 2 to 15 mg/day. Aripiprazole, starting at 2 mg/day with increases allowed up to 15 mg/day based on clinical response, significantly improved scores on the ABC-I subscale and on the CGI-I scale compared with placebo. The mean daily dose of Aripiprazole at the end of 8week treatment was 8.6 mg/day (Study 1 in Table 14).

In the other 8-week, placebo-controlled trial in children and adolescents with autistic disorder (n = 218), aged 6 to 17 years, three fixed doses of Aripiprazole (5 mg/day, 10 mg/day, or 15 mg/day) were compared to placebo. Aripiprazole dosing started at 2 mg/day and was increased to 5 mg/day after one week. After a second week, it was increased to 10 mg/day for patients in the 10 and 15 mg dose arms, and after a third week, it was increased to 15 mg/day in the 15 mg/day treatment arm (Study 2 in Table 14). All three doses of Aripiprazole significantly improved scores on the ABC-I subscale compared with placebo.

**Table 14: Irritability Associated with Autistic Disorder Studies (Paediatric)**

Study Number	Primary Efficacy Measure: ABC-I			
	Treatment Group	Mean Baseline Score (SD)	LS Mean Change from Baseline (SE)	Placebo-subtracted Difference <sup>a</sup> (95% CI)
Study 1	Aripiprazole (2 to 15mg/day)*	29.6 (6.37)	-12.9 (1.44)	-7.9 (-11.7, -4.1)
	Placebo	30.2 (6.52)	-5.0 (1.43)	--
Study 2	Aripiprazole (5 mg/day)*	28.6 (7.56)	-12.4 (1.36)	-4.0 (-7.7, -0.4)
	Aripiprazole (10 mg/day)*	28.2 (7.36)	-13.2 (1.25)	-4.8 (-8.4, -1.3)
	Aripiprazole (15 mg/day)*	28.9 (6.41)	-14.4 (1.31)	-6.0 (-9.6, -2.3)
	Placebo	28.0 (6.89)	-8.4 (1.39)	--

SD: standard deviation; SE: standard error; LS Mean: least-squares mean; CI: unadjusted confidence interval.

<sup>a</sup> Difference (drug minus placebo) in least-squares mean change from baseline.

\* Doses statistically significantly superior to placebo.

In a study designed to assess safety and efficacy of Aripiprazole in the long-term maintenance treatment of paediatric patients (6 to 17 years of age) with irritability associated with autistic disorder, the efficacy of Aripiprazole for the maintenance treatment of irritability associated with autistic disorder was not established.

This study was a multicentre, double-blind, randomized, placebo-controlled study with 2 parallel treatment groups designed to assess the safety and efficacy of aripiprazole in the long-term maintenance treatment of paediatric subjects with irritability associated with autistic disorder. The study included 2 phases: Phase 1 (stabilization phase) – 13 to 26 weeks of single-blind aripiprazole treatment and Phase 2 (randomization phase) – 16 weeks of double-blind treatment with aripiprazole or placebo.

The primary objective was to evaluate the efficacy of aripiprazole compared with placebo to prevent relapses in paediatric subjects who maintained a response for 12 weeks of aripiprazole treatment for their symptoms of irritability associated with autistic disorder as measured by the time from randomization to relapse.

This study did not meet its primary end point. The Kaplan-Meier relapse rates at Week 16 were 32% for aripiprazole and 50% for placebo ( $p = 0.097$ ; hazard ratio of 0.57; 95% CI: 0.28, 1.12). The effect size observed was smaller than what was used to power the study.

## Tourette’s Disorder

### Paediatric Patients

The efficacy of aripiprazole in the treatment of Tourette’s disorder was established in one 8-week (7 to 17 years of age) and one 10-week (6 to 18 years of age), placebo-controlled trials in paediatric patients (6 to 18 years of age) who met the DSM-IV criteria for Tourette’s disorder and had a Total Tic score (TTS)  $\geq 20$  - 22 on the Yale Global Tic Severity Scale (YGTSS). The YGTSS is a fully validated scale designed to measure current tic severity.

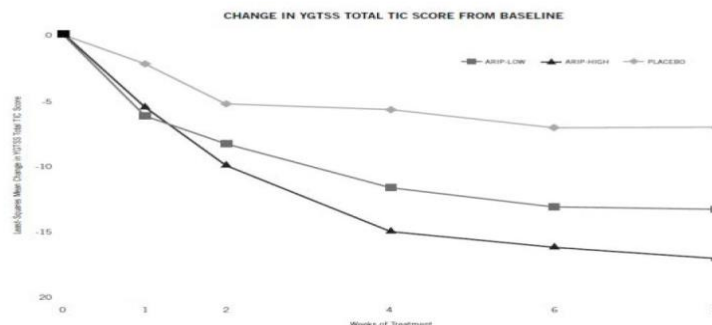
Efficacy was evaluated using two assessment scales: 1) the Total Tic score (TTS) of the YGTSS and 2) the Clinical Global Impressions Scale for Tourette’s Syndrome (CGI-TS), a clinician-determined summary measure that takes into account all available patient information. Over 65% of these patients were under 13 years of age.

The primary outcome measure in both trials was the change from baseline to endpoint in the TTS of the YGTSS. Ratings for the TTS are made along 5 different dimensions on a scale of 0 to 5 for motor and vocal tics each. Summation of these 10 scores provides a TTS (i.e., 0 to 50).

The results of these trials are as follows:

In the 8-week, placebo-controlled, fixed-dose trial, children and adolescents with Tourette’s disorder ( $n = 133$ ), aged 7 to 17 years, were randomized 1:1:1 to low dose Aripiprazole, high dose Aripiprazole, or placebo. The target doses for the low and high dose Aripiprazole groups were based on weight. Patients  $< 50$  kg in the low dose Aripiprazole group started at 2 mg per day with a target dose of 5 mg per day after 2 days. Patients  $\geq 50$  kg in the low dose Aripiprazole group, started at 2 mg per day increased to 5 mg per day after 2 days, with a subsequent increase to a target dose of 10 mg per day at day 7. Patients  $< 50$  kg in the high dose Aripiprazole group started at 2 mg per day increased to 5 mg per day after 2 days, with a subsequent increase to a target dose of 10 mg per day at day 7. Patients  $\geq 50$  kg in the high dose Aripiprazole group, started at 2 mg per day increased to 5 mg per day after 2 days, with a subsequent increase to a dose of 10 mg per day at day 7 and were allowed weekly increases of 5 mg per day up to a target dose 20 mg per day at Day 21. Aripiprazole (both high and low dose groups) demonstrated statistically significantly improved scores on the YGTSS TTS (Study 1 in Table 15) and on the CGI-TS scale compared with placebo. The estimated improvements on the YGTSS TTS over the course of the study are displayed in Figure 1.

**Figure 1: Least Square Means of Change from Baseline in YGTSS TTS by Week (Tourette’s Disorder Study 1)**



In the 10-week, placebo-controlled, flexible-dose trial in children and adolescents with Tourette's disorder (n = 61), aged 6 to 18 years, patients received daily doses of placebo or Aripiprazole, starting at 2 mg/day with increases allowed up to 20 mg/day based on clinical response. Aripiprazole demonstrated statistically significantly improved scores on the YGTSS TTS scale compared with placebo (Study 2 in Table 15). The mean daily dose of Aripiprazole at the end of 10-week treatment was 6.54 mg/day.

**Table 15: Tourette's Disorder Studies (Paediatric)**

Study Number	Primary Efficacy Measure: YGTSS TTS			
	Treatment Group	Mean Baseline Score (SD)	LS Mean Change from Baseline (SE)	Placebo-subtracted Difference <sup>a</sup> (95% CI)
Study 1	Aripiprazole (low dose)*	29.2 (5.63)	-13.4 (1.59)	-6.3 (-10.2, -2.3)
	Aripiprazole (high dose)*	31.2 (6.40)	-16.9 (1.61)	-9.9 (-13.8, -5.9)
	Placebo	30.7 (5.95)	-7.1 (1.55)	--
Study 2	Aripiprazole (2 to 20 mg/day)*	28.3 (5.51)	-15.0 (1.51)	-5.3 (-9.8, -0.9)
	Placebo	29.5 (5.60)	-9.6 (1.64)	--

SD: standard deviation; SE: standard error; LS Mean: least-squares mean; CI: unadjusted confidence interval.

<sup>a</sup> Difference (drug minus placebo) in least-squares mean change from baseline.

\* Doses statistically significantly superior to placebo.

### Abuse and Dependence

Aripiprazole has not been systematically studied in humans for its potential for abuse, tolerance, or physical dependence. In physical dependence studies in monkeys, withdrawal symptoms were observed upon abrupt cessation of dosing. While the clinical trials did not reveal any tendency for any drug-seeking behaviour, these observations were not systematic and it is not possible to predict on the basis of this limited experience the extent to which a CNS-active drug will be misused, diverted, and/or abused once marketed. Consequently, patients should be evaluated carefully for a history of drug abuse, and such patients should be observed closely for signs of Aripiprazole misuse or abuse (e.g., development of tolerance, increases in dose, drug-seeking behaviour).

### STORAGE CONDITIONS

Store below 30°C. Protect from light & moisture

### KEEP ALL MEDICINES OUT OF REACH OF CHILDREN

#### Manufactured by:



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